



## Medicine: Helpful or Harmful

### Learning Objectives

- I can identify a poison warning label.
- I can describe ways medicine can be helpful and ways it can be harmful.

### Teacher Notes

- Follow along with the video.
- This lesson will include pauses that will involve student response or time to complete the activity. Please pause the video as instructed for as long as needed.

### Lesson Steps: Video Outline [K.1j Video](#)

#### *Step 1 Introduction*

- Did you know medicine can be helpful but it can also be extremely harmful?
- Do you know what a poison warning label looks like?

#### *Step 2 Activity*

- Make a list of ways medicine can be helpful.
- Make a list of ways medicine can be harmful.
- Draw what you think the poison warning label looks like
- Activity: All students will run in place. Using the lists created, the teacher will say something from either list (ways medicine can be helpful or ways it can be harmful) or the word Poison!
  - Poison = Freeze
  - Helpful = Running in place while showing muscles
  - Harmful = Running in place while making arms into a X

#### *Step 3 Closure*

- Do you know how to recognize something that is poisonous?
- Do you know ways medicine can be both helpful and harmful?

### Assessments

- Pre: Questions will introduce topic, engage learners, and access prior knowledge
- Post: The activity will demonstrate student understanding of material covered during class. Teacher will observe student choices to determine level of understanding.



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### **Extensions/Connections/Applications**

- The teacher can have more discussion as desired with students about ways medicines could be harmful if misused.

### **Resources/References**

- [Health Smart VA](#)
- [Kids Health](#)