



# SAMPLE LESSON PLANS

## Health Smart Virginia - Sample Lesson Plan Grade K – Safety and Injury Prevention

### Unit 8

#### SOLs:

- K.2.L Describe sun safety practices

#### Title: Sun Safety

#### Objectives/ Goals:

- The student will describe sun safety practices

#### Materials:

- PowerPoint: K- All About Me Sun Safety
- Worksheet: Sun Safety

#### Procedure:

Step 1	Using the Powerpoint as a guide, begin the lesson on slide 2. The teacher will introduce the topic with a What Should I Do scenario. Allow students to share their responses.
Step 2	Slide 3: Allow students to share their experience with getting a sunburn and watch the video clip on sun safety.
Step 3	Slide 4: Read Can You Help Me as a class. Allow students to share their responses.
Step 4	Slide 5: Review sun safety tips. Allow students to share their experience with sun safety.
Step 5	Slide 6: Introduce the review.

Step 6	Slide 7: Allow students to look at the picture and decide what could be added to protect him from the sun.
Step 7	Slide 8: Review the answers and allow students to view the new picture.
Step 8	Pass out the worksheet: Sun Safety. Review the instructions and allow time to complete the assignment.
Step 9	Slide 9: End class with a classroom energizer.

**Assessments, References & Sources: Mary McCarley, 2018**

# Sun Safety

**Directions:** Ava and Andrew are outside in the middle of the day. It is extremely hot, and they will get a sunburn unless you save them. Your mission is to add to the picture by drawing images that protect them from the sun.

