



## **Health Smart Virginia - Sample Lesson Plan**

**Grade K**

**Safety and Injury Prevention**

### **Unit 7**

#### **SOLs:**

- K.1.M Describe emergency and nonemergency situations.
- K.2.M Compare emergency and nonemergency situations.
- K.3.K Identify people who can help in an emergency or in a dangerous or frightening situation (e.g., family members, adults at school, health care professionals, and public safety officials).
- K.3.M Demonstrate how to call 9-1-1.

**Title: Is This an Emergency?**

#### **Objectives/ Goals:**

- The student will describe emergency and nonemergency situations.
- The student will identify people who can help in an emergency or in a dangerous or frightening situation
- The student will demonstrate how to call 9-1-1.

#### **Materials:**

- PowerPoint: K- All About Me Emergency and Non-Emergency Situation
- Worksheet: Find Someone Who..
- Diagram: Phone Diagram

**Procedure:**





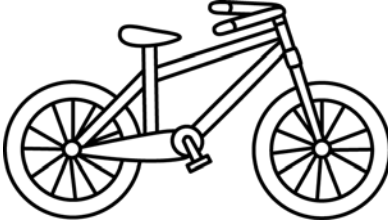
Step 1	Using the Powerpoint as a guide, begin the lesson on slide 2. The teacher will introduce the topic of emergency and non-emergency situations.
Step 2	Slide 3: Read What Should I Do as a class. Allow students to share their responses. Emphasize to students that if they are unsure if it is an emergency to always tell an adult.
Step 3	Slide 4: Define non-emergency situations and allow students to share their experiences.
Step 4	Slide 5: Read What Should I Do as a class. Allow students to share their responses. Emphasize to students that if they are unsure if it is an emergency to always tell an adult.
Step 5	Slide 6: Define emergency situations and allow students to share an example.
Step 6	Slide 7: Read the scenario as a class and allow students to share their answers.
Step 7	Slide 8: Discuss who can help them in an emergency.
Step 8	Slide 9: Discuss the importance of asking for help right away and how to ask for help. Allow students to share their responses.
Step 9	Slide 10: Review how to call 911. Watch the video clip to learn more about calling 9-1-1. Allow students to practice using the phone diagram. The teacher can act as the 911 operator. The student and teacher will role play for the class.
Step 10	Slide 11: Introduce the review.
Step 11	Slide 12-14: Allow students to look at the pictures and decide if it is an emergency or non-emergency and how to respond. The teacher can ask students to recall other emergency situations that may arise.
Step 12	Pass out the worksheet: Find Someone Who. Review the statements in the boxes first for students who struggle reading. Allow students to complete this fun and engaging assignment.
Step 13	Slide 15: End class with a classroom energizer.

**Assessments, References & Sources: Mary McCarley, 2018**

# Find Someone Who...

Directions: Find a classmate who fits the description in the box and ask them to write their name in the box. A classmate can only sign one box on your paper.

## Emergency and Non-Emergency Situations

<p><b>Broke a bone</b></p> 	<p><b>Had a fever</b></p> 	<p><b>Used ice on an injury</b></p> 
<p><b>Used a bandaid</b></p> 	<p><b>Fell on their bike</b></p> 	<p><b>Bled from the hand</b></p> 