



Safety: Asking an Adult for Help

Learning Objectives

- I can describe why it is important to ask an adult for help.

Teacher Notes

- Follow along with the video.
- This lesson will include pauses that will involve student response or time to complete the activity. Please pause the video as instructed for as long as needed.

Lesson Steps: Video Outline [K.3I Video](#)

Step 1 Introduction

- Why do we have rules?
- What is it important to ask an adult to help us?

Step 2 Activity

- Link to see an example of the hopscotch setup: <https://youtu.be/xfwqll6bQD0>

8	1	1
7	4	9
1	1	5
3	9	2
HELP! Emergency!!	6	0

- example:

- The teacher will set up hopscotch for students to participate in today's activity.
- Kids get to practice their coordination skills as they hop through a grid, but there's an added twist: to only hop on squares that are labeled with a one or a nine in honor of that all-important phone number—911.
- By focusing on identifying specific numbers—one and nine—children are reinforcing what those two numbers look like, making it more likely that should they ever need to dial 911, they'll find those numbers quickly and easily. Not to mention, they're also gaining familiarity with the other numbers on the hopscotch grid!



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Step 3 Closure

- What is the number to call in the event of an emergency?
- If we don't know if it is an emergency, what should we do?

Assessments

- Pre: Questions will introduce topic, engage learners, and access prior knowledge
- Post: The activity will demonstrate student understanding of material covered during class. Teacher will observe student choices to determine level of understanding.

Extensions/Connections/Applications

- The teacher can have more discussion as desired with students throughout the lesson.

Resources/References

- [Health Smart VA](#)
- [Kids Health](#)