



## Grade K Sample Lesson Plan: Unit 2 – My 5 Senses & Body Parts

### **SOLs**

- K.1.E Describe the five senses (sight, hearing, smell, taste, touch) and major body parts (e.g., head, trunk, arms, legs, hands, and feet).
- K.2.D Identify situations that require the use of each of the five senses.
- K.2.I Recognize how the body's parts work together.
- K.3.E Describe ways to protect the five senses.

### **Objectives/Goals**

- The student will describe the five senses and major body parts
- The student will identify situations that require the use of each of the five senses.
- The student will recognize how the body's parts work together.
- The student will describe ways to protect the five senses.

### **Materials**

- PowerPoint: K- All About Me My 5 Senses & Body Parts
- Worksheet: My 5 Senses & Body Parts

### **Procedure**

#### *Step 1*

Using the Powerpoint as a guide, begin the lesson on slide 2. The teacher will introduce the topic of the 5 senses.

*Step 2*

Slide 3: Watch the video clip to learn about the 5 senses.

*Step 3*

Slide 4: Discuss sight. Allow students to share.

*Step 4*

Slide 5: Discuss hearing. Allow students to share.

*Step 5*

Slide 6: Discuss smell. Allow students to share.

*Step 6*

Slide 7: Discuss taste. Allow students to share.

*Step 7*

Slide 8: Discuss touch. Allow students to share.

*Step 8*

Slide 9: Read Can You Help Me as a class. Allow students to share their responses.

*Step 9*

Slide 10: Read Can You Help Me as a class. Allow students to share their responses.

*Step 10*

Slide 11: Read Imagine That as a class. Allow students to share their responses.

*Step 11*

Slide 12: Discuss ways to protect the senses including not smoking (taste), wearing sunglasses or glasses (sight), and not listening to loud music (hearing.)

*Step 12*

Slide 13: Introduce the next topic of body parts.

*Step 13*

Slide 14: Discuss body parts. Allow students to either shout out the answer as the teacher points to the body part or the teacher can call out the body part and the students will respond by touching their own body.

*Step 14*

Slide 15: Allow students to look at the picture and determine which two body parts are missing.

*Step 15*

Slide 16: As a class, read the slide and allow students to share their responses about body parts working together.

*Step 16*

Slide 17: Students will stand at their desk and slowly pretend to swing a bat, thinking about all the body parts involved. Allow students to share their responses.

*Step 17*

Slide 18: Introduce the review.

### *Step 18*

Slide 19: Teacher will lead a game of Simon Says to review the 5 senses and body parts.

Pass out the worksheet: My 5 Senses & Body Parts. Students will complete the assignment individually or in pairs.

### *Step 19*

Slide 20: End class with a classroom energizer.

## **References**






Mary McCarley, 2018

## **Handout**

The next page includes a handout for the lesson. The handout is designed for print use only.

## My 5 Senses

**Directions:** Draw a picture in the box of how you use each of your 5 senses. Label your pictures.

# My Body Parts

**Directions:** In the person below, do your best to label as many body parts as you can. After labeling the body, add a face and clothes to your body.

