



## Grade 9 Sample Lesson Plan: Conflict Resolution - Misunderstood in the Hood

### Objectives/Goals

- Students will generate creative solutions for resolving conflicts cooperatively.

### Materials

- Peanut Butter
- Jelly
- Bread
- Knife
- Misunderstood in the Hood (PowerPoint)
- Directions to Make a Peanut Butter and Jelly Sandwich
- Steps of Conflict Resolution
- Copy of [Three Little Pigs](#)
- Copy of [Little Red Riding Hood](#)
- Copy of [Cinderella](#)
- [Fairy Tale Conflict Worksheet](#)
- Misunderstood in the Hood: Fairy Tale Conflict Resolution
- Ice Cream Cone

### Steps

- Explain to the students that Aliens have landed on our planet and now they also need calories to survive on Earth. They have never cooked before nor seen someone cook. They were told that making a Peanut Butter and Jelly sandwich would be the easiest thing to learn how to make. Have each student write down the directions on the worksheet with directions for making a peanut butter and jelly sandwich. Teacher will now have a volunteer to read the directions as the teacher makes the sandwich. NOTE: follow the directions exactly. If the directions say to put peanut butter on your knife but do not say to open the jar and place the knife in the peanut butter, balance the jar of peanut butter on your knife. You may hear comments such as "You know what I meant". Teacher replies, "Yes, but that is not what you wrote".

Discuss the importance of proper communication and checking for understanding when someone speaks.

- Discuss the 6 steps of conflict resolution using the PowerPoint.
- Read one of the following fairytales and complete the Fairy tale Conflict worksheet
- Copy of Three Little Pigs
- Copy of Cinderella
- Have students get into groups of 2 and read Little Red Riding Hood. Have them
- Have 2 students act out each part of the Misunderstanding in the Hood story
- Fill out the worksheet
- If time permits, have students get in groups of 2 and 1 student will describe what the other student should draw using the Ice Cream Cone as a guide.
- Students will not disclose what the object is, but instead use communication skills to tell them what to draw.

### References

- Melanie Lynch, M.Ed. State College Area High School [www.healthteacher.com](http://www.healthteacher.com)

### Handout

The next page includes a handout for the lesson. The handout is designed for print use only.

# Peanut Butter & Jelly Sandwich

WRITE THE DIRECTIONS OF HOW TO MAKE A PEANUT BUTTER AND JELLY SANDWICH ON THE LINES BELOW.

Name: \_\_\_\_\_

DIRECTIONS: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



# Peanut Butter & Jelly Sandwich

WRITE THE DIRECTIONS OF HOW TO MAKE A PEANUT BUTTER AND JELLY SANDWICH ON THE LINES BELOW.

Name: \_\_\_\_\_

DIRECTIONS: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



## The Three Little Pigs

Once upon a time there were three little pigs. One pig built a house of straw while the second pig built his house with sticks. They built their houses very quickly and then sang and danced all day because they were lazy. The third little pig worked hard all day and built his house with bricks.

A big bad wolf saw the two little pigs while they danced and played and thought, "What juicy tender meals they will make!" He chased the two pigs and they ran and hid in their houses. The big bad wolf went to the first house and huffed and puffed and blew the house down in minutes. The frightened little pig ran to the second pig's house that was made of sticks. The big bad wolf now came to this house and huffed and puffed and blew the house down in hardly any time. Now, the two little pigs were terrified and ran to the third pig's house that was made of bricks.

The big bad wolf tried to huff and puff and blow the house down, but he could not. He kept trying for hours but the house was very strong and the little pigs were safe inside. He tried to enter through the chimney but the third little pig boiled a big pot of water and kept it below the chimney. The wolf fell into it and died.

The two little pigs now felt sorry for having been so lazy. They too built their houses with bricks and lived happily ever after.

**Keyword Clouds:** three little pigs and the big bad wolf, three little pigs illustrations, 3 pigs and a wolf, three little pigs sequencing, three little pigs children story, three little pigs online, three little pigs original story, 3 little pigs short story

## Little Red Riding Hood

One day, Little Red Riding Hood's mother said to her, "Take this basket of goodies to your grandma's cottage, but don't talk to strangers on the way!" Promising not to, Little Red Riding Hood skipped off. On her way she met the Big Bad Wolf who asked, "Where are you going, little girl?" "To my grandma's, Mr. Wolf!" she answered.

The Big Bad Wolf then ran to her grandmother's cottage much before Little Red Riding Hood, and knocked on the door. When Grandma opened the door, he locked her up in the cupboard. The wicked wolf then wore Grandma's clothes and lay on her bed, waiting for Little Red Riding Hood.

When Little Red Riding Hood reached the cottage, she entered and went to Grandma's bedside. "My! What big eyes you have, Grandma!" she said in surprise. "All the better to see you with, my dear!" replied the wolf. "My! What big ears you have, Grandma!" said Little Red Riding Hood. "All the better to hear you with, my dear!" said the wolf. "What big teeth you have, Grandma!" said Little Red Riding Hood. "All the better to eat you with!" growled the wolf pouncing on her. Little Red Riding Hood screamed and the woodcutters in the forest came running to the cottage. They beat the Big Bad Wolf and rescued Grandma from the cupboard. Grandma hugged Little Red Riding Hood with joy. The Big Bad Wolf ran away never to be seen again. Little Red Riding Hood had learnt her lesson and never spoke to strangers ever again.

**Keywords:** the red riding hood story, little red riding hood bedtime story, the red riding hood

## Cinderella – Beautiful Girl

Once upon a time, there was a beautiful girl named Cinderella. She lived with her wicked stepmother and two stepsisters. They treated Cinderella very badly. One day, they were invited for a grand ball in the king's palace. But Cinderella's stepmother would not let her go. Cinderella was made to sew new party gowns for her stepmother and stepsisters, and curl their hair. They then went to the ball, leaving Cinderella alone at home.

Cinderella felt very sad and began to cry. Suddenly, a fairy godmother appeared and said, "Don't cry, Cinderella! I will send you to the ball!" But Cinderella was sad. She said, "I don't have a gown to wear for the ball!" The fairy godmother waved her magic wand and changed Cinderella's old clothes into a beautiful new gown! The fairy godmother then touched Cinderella's feet with the magic wand. And lo! She had beautiful glass slippers! "How will I go to the grand ball?" asked Cinderella. The fairy godmother found six mice playing near a pumpkin, in the kitchen. She touched them with her magic wand and the mice became four shiny black horses and two coachmen and the pumpkin turned into a golden coach. Cinderella was overjoyed and set off for the ball in the coach drawn by the six black horses. Before leaving, the fairy godmother said, "Cinderella, this magic will only last until midnight! You must reach home by then!"

When Cinderella entered the palace, everybody was struck by her beauty. Nobody, not even Cinderella's stepmother or stepsisters, knew who she really was in her pretty clothes and shoes. The handsome prince also saw her and fell in love with Cinderella. He went to her and asked, "Do you want to dance?" And Cinderella said, "Yes!" The prince danced with her all night and nobody recognized the beautiful dancer. Cinderella was so happy dancing with the prince that she almost forgot what the fairy godmother had said. At the last moment, Cinderella remembered her fairy godmother's words and she rushed to go home. "Oh! I must go!" she cried and ran out of the palace. One of her glass slippers came off but Cinderella did not turn back for it. She reached home just as the clock struck twelve. Her coach turned back into a pumpkin, the horses into mice and her fine ball gown into rags. Her stepmother and stepsisters reached home shortly after that. They were talking about the beautiful lady who had been dancing with the prince.

The prince had fallen in love with Cinderella and wanted to find out who the beautiful girl was, but he did not even know her name. He found the glass slipper that had come off Cinderella's foot as she ran home. The prince said, "I will find her. The lady whose foot fits this slipper will be the one I marry!" The next day, the prince and his servants took the glass slipper and went to all the houses in the kingdom. They wanted to find the lady whose feet would fit in the slipper. All the women in the kingdom tried the slipper but it would not fit any of them. Cinderella's stepsisters also tried on the little glass slipper. They tried to squeeze their feet and push hard into the slipper, but the servant was afraid the slipper would break. Cinderella's stepmother would not let her try the slipper on, but the prince saw her and said, "Let her also try on the slipper!" The slipper fit her perfectly. The prince recognized her from the ball. He married Cinderella and together they lived happily ever after.

**Keyword clouds:** cinderella story fairy tale, cinderella the story book, cinderella book story, the real story of Cinderella, cinderella real story, the cinderella story, cinderella fairy tale, the original cinderella story

# Fairy Tales



## Fairy Tale Conflict

Instructions: Fairy tales are loaded with conflict. You have Goldilocks breaking into the bears' house, the Big Bad Wolf destroying the pigs' property, and Cinderella being treated unfairly by her stepmother. Someone needs to help these characters resolve their conflicts in a healthier way! Choose a fairy tale to examine, and answer the following questions:

1. What is the conflict in the story?
2. How do the main characters feel about the conflict?
3. What does each of the characters want or need?

Then imagine you could convince the characters to work together to solve their problem. List three possible solutions that would benefit all of the characters. (Remember, we're talking about fairy tales, so you can be as creative as you want!)

What's the Conflict?

Characters:

Feelings About Conflict:

Wants and Needs:

# Misunderstood



in the Hood

Fairy Tale  
Conflict Resolution

# Here are six steps to the conflict resolution process:

1. **Clarify what the disagreement is.** Clarifying involves getting to the heart of the conflict. The goal of this step is to get both sides to agree on what the disagreement is. To do this, you need to discuss what needs are not being met on both sides of the conflict and ensure mutual understanding. During the process, obtain as much information as possible on each side's point of view. Continue to ask questions until you are certain that all parties involved (you and those on either side of the conflict) understand the issue.
2. **Establish a common goal for both parties.** In this step of the process, both sides agree on the desired outcome of the conflict. "When people know that they're working towards the same goal, then they're more apt to participate truthfully to make sure that they reach that end goal together." Kimberly A. Benjamin explained in a recent BLR webinar. To accomplish this, discuss what each party would like to see happen and find a commonality in both sides as a starting point for a shared outcome. That commonality can be as simple as "both sides want to end the conflict."
3. **Discuss ways to meet the common goal.** This involves listening, communicating, and brainstorming together. Continue with both sides working together to discuss ways that they can meet the goal they agreed on in step 2. Keep going until all the options are exhausted.
4. **Determine the barriers to the common goal.** In this step of the process, the two parties acknowledge what has brought them into the conflict and talk about what problems may prevent a resolution. Understanding the possible problems that may be encountered along the way lets you proactively find solutions and have plans in place to handle issues. Define what can and cannot be changed about the situation. For the items that cannot be changed, discuss ways of getting around those roadblocks.
5. **Agree on the best way to resolve the conflict.** Both parties need to come to a conclusion on the best resolution. Start by identifying solutions that both sides can live with. Ask both sides and see where there is common ground. Then start to discuss the responsibility each party has in maintaining the solution. It's also important to use this opportunity to get to the root cause to ensure this conflict will not come up again. "A lot of times when we try to fix problems, we get so caught up in fixing it that we do not identify what we need to do so it doesn't happen." Benjamin cautioned.
6. **Acknowledge the agreed upon solution and determine the responsibilities each party has in the resolution.** Both sides need to own their responsibility in the resolution of the conflict and express aloud what they have agreed to. After both parties have acknowledged a win-win situation, ask both parties to use phrases such as "I agree to..." and "I acknowledge that I have responsibility for..."

## Fairy Tales



## Fairy Tale Conflict

instructions: Fairy tales are loaded with conflict. You have Goldilocks breaking into the bears' house, the Big Bad Wolf destroying the pigs' property, and Cinderella being treated unfairly by her stepmother. Someone needs to help these characters resolve their conflicts in a healthier way! Choose a fairy tale to examine, and answer the following questions:

1. What is the conflict in the story?
2. How do the main characters feel about the conflict?
3. What does each of the characters want or need?

Then imagine you could convince the characters to work together to solve their problem. List three possible solutions that would benefit all of the characters. (Remember, we're talking about fairy tales, so you can be as creative as you want!)

What's the Conflict?

Characters:

Feelings About Conflict:

Wants and Needs:

# Misunderstood



## in the Hood

### Appendix I: The Story of Little Red Riding Hood and the Wolf, Retold Through Negotiation

#### Step 1: Agree To Negotiate

Red: I'm Red Riding Hood. I agree to take turns talking and listening and to cooperate to solve the problem.

Wolf: I'm the Wolf. I agree to take turns talking and listening, and I agree to cooperate with you, Red Riding Hood, to solve the problem.

#### Step 2: Gather Points of View

Red: I was taking a loaf of fresh bread and some cakes to my granny's cottage on the other side of the woods. Granny wasn't well, so I thought I would pick some flowers for her along the way.

I was picking the flowers when you, Wolf, jumped out from behind a tree and started asking me a bunch of questions. You wanted to know what I was doing and where I was going, and you kept grinning that wicked grin and smacking your lips together. You were being so gross and rude. Then you ran away. I was frightened.

Wolf: You were taking some food to your grandmother on the other side of the woods, and I appeared from behind the tree and frightened you.

Red: Yes, that's what happened.

Wolf: Well look, Red, the forest is my home. I care about it and try to keep it clean. That day, I was cleaning up some garbage people had left behind when I heard footsteps. I leaped behind a tree and saw you coming down the trail carrying a basket of goodies.

I was suspicious because you were dressed in that strange red cape with your head covered up as if you didn't want anyone to know who you were. You started picking my flowers and stepping on my new little pine trees.

Naturally, I stopped to ask you what you were doing. You gave me this song and dance about going to your granny's house with a basket of goodies.

I wasn't very happy about the way you treated my home or me.

Red: You were concerned when you saw me in a red cape picking your flowers. You stopped me and asked me what I was doing.

Wolf: That's right.

Red: Well, the problem didn't stop there. When I got to my granny's house, you were disguised in my granny's nightgown. You tried to eat me with those big ugly teeth. I'd be dead today if it hadn't been for the woodsman who came in and saved me. You scared my granny. I found her hiding under the bed.

Wolf: You say I put on your granny's nightgown so you would think I was your granny, and that I tried to hurt you?

Red: I said you tried to eat me. I really thought you were going to eat me up. I was hysterical.

Wolf: Now wait a minute, Red. I know your granny. I thought we should teach you a lesson for prancing on my pine trees in that get-up and for picking my flowers. I let you go on your way in the woods, but I ran ahead to your granny's cottage.

When I saw Granny, I explained what happened, and she agreed that you needed to learn a lesson. Granny hid under the bed, and I dressed up in her nightgown.

When you came into the bedroom you saw me in the bed and said something nasty about my big ears. I've been told my ears are big before, so I tried to make the best of it by saying big ears help me hear you better.

Then you made an insulting crack about my bulging eyes. This one was really hard to blow off, because you sounded so nasty. Still, I make it a policy to turn the other cheek, so I told you my big eyes help me see you better.

Your next insult about my big teeth really got to me. You see, I'm quite sensitive about my teeth. I know that when you made fun of my teeth I should have had better control, but I leaped from the bed and growled that my teeth would help me to eat you.

But, come on, Red! Let's face it. Everyone knows no Wolf could ever eat a girl, but you started screaming and running around the house. I tried to catch you to calm you down.

All of a sudden the door came crashing open, and a big woodsman stood there with his ax. I knew I was in trouble . . . there was an open window behind me, so out I went.

I've been hiding ever since. There are terrible rumors going around the forest about me. Red, you called me the Big Bad Wolf. I'd like to say I've gotten over feeling bad, but the truth is I haven't lived happily ever after.

I don't understand why Granny never told you and the others my side of the story. I'm upset about the rumors and have been afraid to show my face in the forest. Why have you and Granny let the situation go on for this long? It just isn't fair. I'm miserable and lonely.

Red: You think that I have started unfair rumors about you, and you are miserable and lonely and don't understand why Granny didn't tell your side of the story.

Well, Granny has been sick--and she's been very tired lately. When I asked her how she came to be under the bed, she said she couldn't remember a thing that had happened. Come to think of it, she didn't seem too upset . . . just confused.

Wolf: So you think it is possible that Granny just doesn't remember because she is sick.

### **Step 3: Focus on Interests**

Red: I want to be able to take flowers to Granny when I visit her because she is lonely and flowers help cheer her up.

I want to be able to go through the forest to Granny's house because it is too far to take the road around the forest.

I want you to stop trying to scare me or threaten me in the forest because I want to feel safe. Besides, I think the forest is a fun place.

Wolf: You want to go through the forest to visit Granny who is lonely, and you want to feel safe because you think the forest is a neat place.

Red: Yes, and I want to take flowers to Granny.

Wolf: I want you to watch where you are walking and to stop picking my flowers because I want to keep my forest home looking nice.

I want the rumors to stop because I want people to like me, and I want to be able to enjoy the forest without being afraid that someone is hunting for me.

Red: You want the forest to be pretty, you want people who visit the forest to like you and not be afraid of you, and you want to be safe in the forest.

Wolf: Right, the forest is my home. I should be free to enjoy my own home.

#### **Step 4: Create Win-Win Options**

Red: In order to solve this problem, I could try to stay on the path when I walk through the forest.

Wolf: I could try to remember to call out when I hear you coming instead of quietly stepping out from behind a tree. I could plant some flowers over by Granny's house for you to pick.

Red: I could pick up trash I see in the forest and take it to Granny's trash can.

Wolf: I could check up on Granny to make sure she is OK on those days when you can't make it. She is my friend, you see.

Red: Granny and I can talk to the woodsman and tell him we made a mistake about you. I could tell my friends that I'm not afraid of you anymore--that you can be nice.

Wolf: I could meet your friends on the edge of the forest and show them through it.

#### **Step 5: Evaluate Options**

Wolf: Do you think if you tell the woodsman and your friends that you made a mistake about me and that I'm really nice, then I won't have to worry about the woodsman and his hunters catching me?

Red: I think that will work.

Wolf: Maybe I could go with you to talk to the woodsman.

Red: Yes, that would help. You could also go with me when I tell my friends I'm not afraid of you anymore. . . . I'd like to help you plant some flowers at Granny's, and I could also help you plant some in the forest. It would be nice to visit Granny together. She's pretty lonely.

Wolf: That sounds good.

Red: I agree.

Wolf: I don't think it will work for you to stay on the path all the time. I can show you where to walk so you don't harm anything.

Red: I think that's fair.

Wolf: I agree.

Red: Will it work for you to check on Granny when I can't visit her?

Wolf: Yes, if you call me early in the morning.

Red: I think it would be a good idea if I ask my friends for a donation when you give them a tour of the forest, and we could use the money to buy more trees to plant and start a recycling program for the trash we pick up.

Wolf: I think we've taken care of both of our interests.

Red: This solution will help both of us.

### **Step 6: Create an Agreement**

Red: I'll arrange for Granny and myself to talk to the woodsman. I'll try to get an appointment for this afternoon, and I'll let you know when.

Wolf: I'll get some flowers to plant at Granny's. I'll have them ready to plant Saturday. I'll draw up a possible forest tour map and give it to you.

Red: As soon as I get your tour map, I'll bring some friends over to try it out. That's when I'll introduce you and tell them you're nice.

Wolf: I'll put a donations box at the edge of the forest for our tree planting and recycling program.

Red: And I'll call you by 7 o'clock if I can't go visit Granny.

Wolf: OK. I've agreed to get flowers to plant by Saturday, to draw a tour map of the forest, to go along with you to talk with the woodsman, to meet your friends and lead a tour through the forest, to take care of the donations box, and to visit Granny when you can't do it.

Red: I've agreed to arrange for an appointment with Granny and the woodsman, to plant flowers with you, to bring my friends to tour the forest and introduce you as a nice Wolf, and to call you by 7 o'clock if I can't visit Granny.

(The two shake hands.)

Source: Bodine, R., D. Crawford, and F. Schrupf. 1994. Creating the Peaceable School: A Comprehensive Program for Teaching Conflict Resolution. Champaign, IL: Research Press, Inc., pp. 102-104, 106, 108, 110, 112. Reprinted with permission of the authors and Research Press, Inc.



4. Create win-win options (Think of several ways to solve the conflict in a way that works for both parties.)

5. Evaluate options (Try to decide which option is the best.)

6. Create an agreement. (Don't forget to shake hands.)

7. Get outside help if unable to resolve the conflict.

