



SAMPLE LESSON PLANS

Health Smart Virginia - Sample Lesson Plan

Grade 9 – ATOD Use Prevention

Unit 5

SOLs:

- 9.1.h** Explain how alcohol and other drugs increase the risk of injury.
- 9.1.i** Analyze the deadly consequences of binge drinking.
- 9.1.j** Identify behaviors that may contribute to intentional and unintentional injuries and result in permanent disabilities.

Title: PSA

Objectives/ Goals:

- Students will research and explain how alcohol and other drugs leads to injury, illness and death through making a PSA about the ATOD topic of their choice.

Materials:

[PSA Assignment and Storyboard](#)
[PSA Materials](#)

Procedure:

Step 1	<ul style="list-style-type: none"> • Assign students the PSA assignment 	
Step 2	<ul style="list-style-type: none"> • Each group will create a Public Service Announcement (PSA) on an ATOD topic of yours or your teacher’s choice . 	<p>Student Video sample https://youtu.be/tbX2Vm0ae5A</p>

	<ul style="list-style-type: none"> ● Each group will complete the following for assessment: <ul style="list-style-type: none"> ✧ PSA Storyboard worksheet (Provided) ✧ PSA Fact Sheet (Provided) ✧ Group Responsibilities (Provided) ✧ Peer Evaluation (Provided) ✧ Peer Review (Provided) ✧ Poster with slogan (must echo theme from movie) ✧ An i-Movie PSA (1 to 2 minutes in length) 	
Step 3	<ul style="list-style-type: none"> ● After all videos are completed, students will review and assess each video. ● Students will vote for their favorite video. <ul style="list-style-type: none"> ○ The video with the most votes will win the Oscar. 	

References:

Melanie Lynch, M.Ed. North Allegheny School District

ATOD PSA Project



- You will be working in your group
- Each group will create a Public Service Announcement (PSA) on an ATOD topic of yours or your teacher's choice .
- Each group will complete the following for assessment:
 - ✧ PSA Storyboard worksheet (Provided)
 - ✧ PSA Fact Sheet (Provided)
 - ✧ Group Responsibilities (Provided)
 - ✧ Peer Evaluation (Provided)
 - ✧ Peer Review (Provided)
 - ✧ Poster with slogan (must echo theme from movie)
 - ✧ An i-Movie PSA (1 to 2 minutes in length)

The project is worth **36** points and a scoring rubric is attached
The following is your timeline:

- ✧ Assignment given in class on: _____
- ✧ Work on your storyboards on: _____
- ✧ Film your project, edit and work on poster on Edit your movie on: _____
- ✧ Projects are due by: _____
- ✧ We will watch all of the PSA movies: _____

Group Members:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Topic:

Sources used (Identify the websites used to gather information):

- 1.
- 2.
- 3.

Facts that support the message of your movie:

- 1.
- 2.
- 3.
- 4.
- 5.

6.

7.

8.

9.

10.

11.

12.

13.

14.

15.

Group Responsibilities



Group Members:

Topic of Presentation:

Group Responsibilities (who is doing what?):

Research:	
Fact Sheet:	
Storyboard:	
Filming I-Movie:	
Editing:	
Poster	

Directions for completion: Please complete a chart for each member of your group (including yourself) with 5 being the highest rating and 1 being the lowest. Please honest about each group member's contribution.

Your Name:

	5	4	3	2	1
Contributions to the project					
Cooperation					
Communication					
Overall grade					

Name:

	5	4	3	2	1
Contributions to the project					
Cooperation					
Communication					
Overall grade					

Name:

	5	4	3	2	1
Contributions to the project					
Cooperation					
Communication					
Overall grade					

Name:

	5	4	3	2	1
Contributions to the project					
Cooperation					
Communication					
Overall grade					

Name:

	5	4	3	2	1
Contributions to the project					
Cooperation					
Communication					
Overall grade					

Comments: Please make any comments about your group and/or group members that you feel were not addressed in the above evaluation. Thanks for your input!



PEER REVIEW

Directions: As the group presents their video, watch for the advocacy theme as they present and assess their video with the rubric below. Write a word or phrase in the space provided that will enable you to check the skill cues mentioned in the video.



Your Name: _____
Tribe Presenting: _____

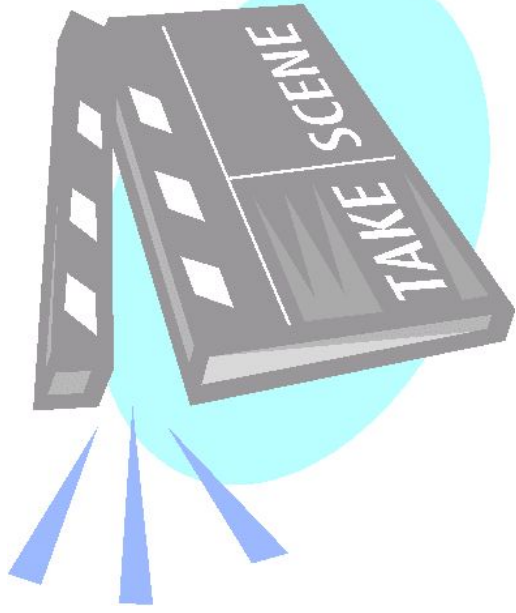
Skills Cues: Advocacy

- Takes a clear, health-enhancing stand/position _____
- Supports the position with relevant information _____
- Shows awareness of audience _____
- Encourages others to make healthful choices _____
- Demonstrates passion/conviction _____

4	The response shows evidence of the ability to apply health skills; the response is complete and shows proficiency in the skill.
3	The response shows evidence of the ability to apply health skills; the response is mostly complete but may not be funny proficient.
2	The response shows some evidence of the ability to apply health skills; the response may have inaccuracies or be incomplete.
1	The response shows little or no evidence of the ability to apply health skills.



🗳️ Circle the number that best describes this video. Be fair and honest in your assessment.



Stress Management Video Assignment

Directions: In your group, first decide what will be the focus of your one to three minutes commercial. **BE AS CREATIVE AS YOU CAN BE!** Once an idea has been agreed upon, use the area below to create your storyboard. **YOU MUST HAVE YOUR STORYBOARD APPROVED BEFORE FILMING!**

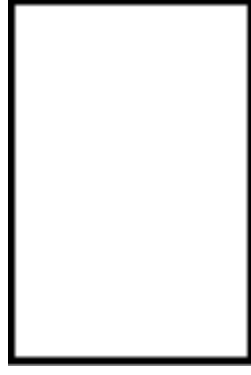
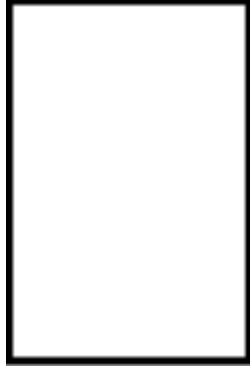
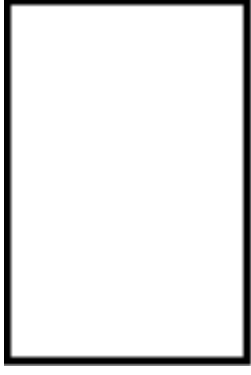
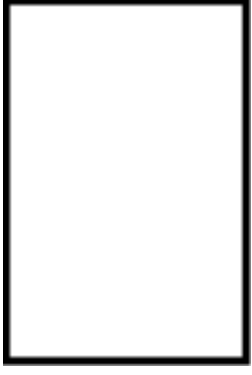
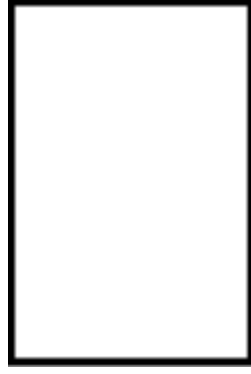
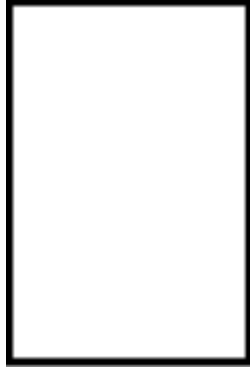
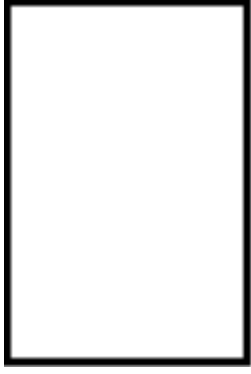
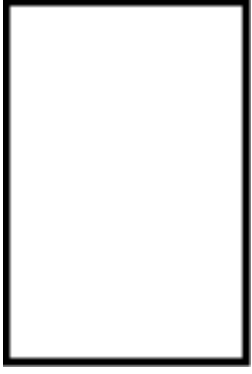
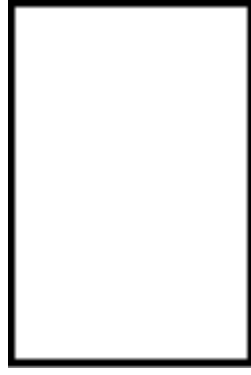
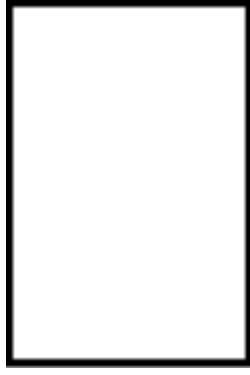
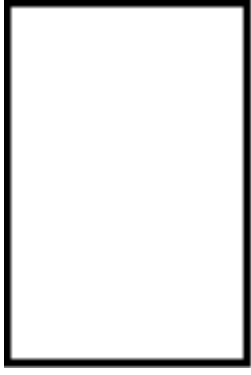
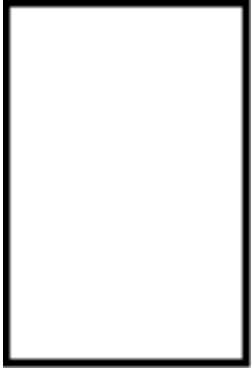
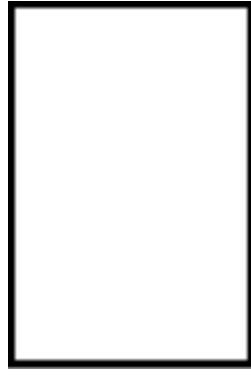
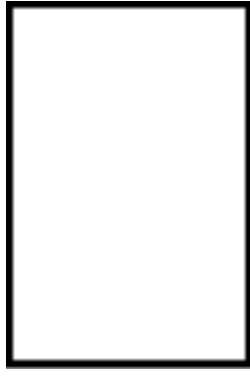
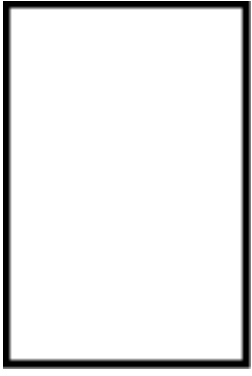
Once your storyboard has been approved, you will be permitted to film using the digital camera and continue by editing your video using iMovie or software of your choice if you decide to take your video home. **This is worth 36 points.**

Names: _____

Topic: _____

Brief Summary of Commercial: _____

Storyboard:



Teacher Approval: _____