



## SAMPLE LESSON PLANS

### Grade 7- Health Promotion

#### Unit 6

#### **SOLs:**

7.2.V Identify the community's financial resources dedicated to promoting health.

#### **Title: Community Financial Resources for Health**

**Objectives/ Goals:** Students will learn how to access information on community financial resources dedicated to promoting health.

#### **Materials:**

- Prepare ahead a community-specific list of non-profit foundations that provide financial support for health services or community prevention health promotion activities, including health insurance providers, hospital and health related foundations, health departments and other direct service providers, faith-based community programs,.

#### **Procedure:**

- Talk to students about the various community resources that provide financial support for health services or community health promotion activities, including health insurance providers, hospital and health related foundations, health departments, employers, and private individuals.
- Ask students why this financial support may be necessary and then conduct a guided discussion about costs and benefits of these community financial resources.
- Have students visit federal, state and local health organization websites. Identify and discuss the variety of community programs in place.
- Have students review the website and handout Kids Health – Health Insurance Basics <http://kidshealth.org/en/teens/insurance.html> and the resource links provided at <http://kidshealth.org/en/teens/insurance.html?view=rr&WT.ac=t-rr> and then visit <http://coverva.org> and discuss the children's health insurance options. Send home information on the program to parents.
- Introduce students to localized online and print service directories (e.g., yellow pages, 2-1-1 Virginia, a free service that helps Virginians find the local resources they need

<http://www.211virginia.org>) and have them practice using these as resources to identify financial resources for promoting health.

- Assign students to groups by a pre-selected health need area and have them use a variety of resources to research and identify free or reduced cost health service or equipment options from private foundations, non profits, government agencies, hospital and health care organizations.

### **Assessment Ideas:**

- Evaluate student participation and completion of assignments.

### **References:**

Virginia FAMIS – Cover Virginia <http://coverva.org>

211 Virginia <http://www.211virginia.org>

Federal Government Department of Health and Human Services

<https://www.hhs.gov/about/index.html#>

Virginia Department of Health [www.vdh.virginia.gov](http://www.vdh.virginia.gov)

Virginia Department of Social Services [www.dss.virginia.gov](http://www.dss.virginia.gov)

Virginia Department of Behavioral Health and Developmental Services [www.dbhds.virginia.gov](http://www.dbhds.virginia.gov)

Virginia FAMIS Childrens Health Insurance Brochure

[https://www.coverva.org/mat/famis\\_brochure\\_english.pdf](https://www.coverva.org/mat/famis_brochure_english.pdf)

Grantsmanship Center - Top Giving Foundations in the Commonwealth of Virginia

<https://www.tgci.com/funding-sources/VA/top>

Kaiser Family Foundation – Health Insurance Explained <https://www.youtube.com/watch?v=-58VD3z7ZiQ>

Kids Health – Health Insurance Basics - <http://kidshealth.org/en/teens/insurance.html>

Kids Health – Finding Low Cost Medical Care <http://kidshealth.org/en/teens/lcost-medcare.html#catmedical-care>