



Grade 6 Sample Lesson Plan: Unit 3 – First Aid

SOLs

- 6.1.H - Create strategies to prevent injuries, to include safety habits in vehicles, on the Internet, and in public areas, and using protective gear.
- 6.1.I - Describe basic first aid and emergency procedures for treatment of sunburn and injuries to the head, teeth, and eyes.
- 6.2.I - Use a decision-making process to determine when medical assistance is needed.
- 6.3.F - Identify strategies to reduce illness and injury at home and at school.

Assessment Ideas

- Students reflect on a situation in their life when first aid skills were required.
- Students brainstorm risky activities that might lead to injury and discuss how to avoid them
- Students create first aid booklets with illustrated recommendations.
- Students write a persuasive essay about sunburn and sun protection.
- Students make a poster about how to treat sunburn.
- Students role-plays the decision-making and action steps they would take in emergency situations.
- Students identify emergency situations, state the appropriate response steps, and demonstrate how to perform.