



SAMPLE LESSON PLANS

Health Smart Virginia - Sample Lesson Plan

Grade 5 – Social Emotional Health

Unit 2

SOLs:

5.3.i Advocate for a caring school environment

Title: Caring School Environment Performance Task

Objectives/ Goals:

- The student will define teasing and bullying and provide examples of each
- The student will investigate ways to show respect and care for other students
- The student will create a product to promote a caring school environment

Materials:

- Performance Task: Caring School Environment Performance Task

Procedure:

Step 1	Review the steps of the performance task before introducing it to your students.
Step 2	Pass out a copy of the performance task to each student and review the expectations. Provide a due date.
Step 3	Once project are completed, decide if each group will implement their product within a classroom, grade level, or school.

Assessments, References & Sources: Mary McCarley

Caring School Environment Performance Task

Imagine that student absenteeism is on the rise. The cause of the problem is teasing and bullying. Many students feel unsafe at school, thus are absent from school to find comfort in their safe home environment. Your mission is to investigate the problem and find a way to create a caring school environment for all students.

Step 1: Survey Others

Survey 4 students from another grade level to find out how they feel about the school environment. Encourage students to expand on their answers. You will record their responses on the survey. Do not record their name.

Student	Grade	Do you feel liked by other students at the school?	Do you get teased or see other kids get teased at school?	Have you been bullied or see other kids get bullied at school?	Where does teasing or bullying occur at your school?
Student 1					
Student 2					
Student 3					

Step 3: Create a Product

As a small group, discuss how you could promote a more caring school environment. Think about if you are going to target the whole school, a specific grade level, or a class. Choose one of the following product options from the Project Choice Board.

Posters	Flyers	Brochures
Class Presentation	Student Choice (get teacher permission)	Public Service Announcement Video for the Morning Announcements

Do additional research and include the following in your product:

- Define teasing and provide 3 or more examples of teasing
- Define bullying and provide 3 or more examples of bullying
- 5 or more ways to show respect and care for other students
- Other relevant information
- Relevant pictures and images to enhance your product

Step 4: Write a Letter to School Administration

Write a letter to administration to describe your plan of action (product) and how this will promote a more caring school environment. Include the following in your letter:

- Describe why it is important to create a caring school environment
- Include the results from your survey and your group members' surveys
- Describe your plan of action (product) and how it will create a more caring environment

Step 5: Make a Difference

With teacher permission, use your product to create a more caring school environment for students.

Performance Task Rubric

	Great Work 4	Good Job 3	Getting There 2	Not Quite 1
Requirements	All requirements are met and exceeded.	All requirements are met.	One requirement was not met.	More than one requirement was not met.
Content	Information is accurate and in-depth with details. Content knowledge is excellent.	Information is accurate. Content knowledge is good.	Most of the information is accurate but contains some factual errors. Content knowledge is below average.	Information includes several factual errors. Content knowledge is minimal.
Organization	All work is neat and information is easy to understand.	Most work is neat and easy to understand.	Some work is neat and easy to understand.	Work is not neat and difficult to understand.
Grammar	There are no mistakes in grammar, punctuation, or spelling.	There are some mistakes in grammar, punctuation, or spelling.	There are several mistakes in grammar, punctuation, or spelling.	Product has little or no punctuation and/or correct spelling. Content is unclear due to excessive errors.
Effort	Work show exceptional effort, planning, and pride.	Work shows good effort, planning, and pride.	Work shows basic effort, planning, and pride.	Work shows minimal effort, planning, and pride

Grading Rubric

20= 100%

19= 97%

18= 94%

17= 91%

16= 88%

15= 85%

14= 82%

13= 79%

12= 76%

11=74%

10= 71%

9= 69%

8= 66%

7= 64%

6= 62%

5= 60%