



## Grade 5 Lesson Plan: Unit 10– Create a Game

### **SOLs (Health Standards of Learning)**

- 4.3 k
- 5.1 p, 5.2 o

### **SOLs (Physical Education Standards of Learning)**

- 4.4 a
- 5.4 a, 5.4 b, 5.4 c

### **Objectives/Goals**

- Students will create a lesson plan for a PE activity complete with rules, objectives, materials, and set up.
- Students will lead their activity creation for peers to play.
- Students must work respectfully with group members and resolve disagreements peacefully in order to successfully complete this task.

### **Materials**

- As needed based on student requests on lesson plans

### **Procedure**

*Step 1- Introduction- Lesson takes place over multiple class periods*

- Review expectations for each phase of the project
- Lesson Plan Review: written lesson plans must have all of the following:
  - A creative name
  - Detailed list of materials needed
  - Learning objective
  - Plan to encourage good sporting behavior
  - Detailed explanation about how the game is played including game play rules, safety rules, and a diagram of the set-up if needed
- Teaching review: Explain time and space limits per group for their teaching time. (15-20 minutes per group including set-up time recommended).
- Provide short mini-lesson on how to lead a good PE activity. Demonstration is always the best way for students to learn how to play. Avoid complicated rules or excessive equipment set up that will eat up too much time.

*Step 2- Planning Time- 45-60 minutes*

- Students work in small groups to create lesson plans (2-4 students recommended)
- During planning time, each group must write a complete lesson plan.
- Once lesson plans are complete and checked by a teacher, students can use limited equipment from their materials list to practice demonstrating their activity.
- Groups that do not finish their plans during the time allotted can either continue to work while the first groups scheduled present their activity, or they can work outside of class time.

*Step 3- Lesson Presentations*

- Teacher posts schedule for lesson presentations
- Students present their activity to the group and everyone gets to play!

*Step 4- Reflection*

- Students will complete the reflection handout after their presentation day

**Assessment Idea**

- Lesson Plan
- Reflection

**References**

- Pinterest Lesson Idea: <https://www.pinterest.com/pin/35536284535128499/>
- Brookings Education: <https://www.brookings.edu/blog/education-plus-development/2018/03/20/many-students-are-unengaged-in-their-learning-how-schools-can-create-opportunities-for-participation/>

**Handout**

The next pages include:

- Lesson plan template
- Reflection handout

# Lesson Plan Template

**Names of Group Members:** \_\_\_\_\_

Your task is to create a PE activity with your group. You must complete all of the following components for your lesson plan.

**Name of your Activity:** \_\_\_\_\_

**Materials Needed:** List all materials needed for your activity. Be specific and include number

\_\_\_\_\_  
\_\_\_\_\_

**Learning Objective:** What are students learning when they do your activity?

\_\_\_\_\_  
\_\_\_\_\_

**Sporting Behavior:** How will you encourage students to use sporting behavior and teamwork?

\_\_\_\_\_  
\_\_\_\_\_

**Activity Description:** Describe your activity in as much detail as possible. Include safety rules and objectives for players. Draw a diagram of the equipment set up on the back of this page.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Reflection

**1) What worked well with your lesson?**

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**2) Would you change anything about your lesson? If yes, please explain.**

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**3) Did your group have any disagreements during the planning process? If yes, describe how you solved them.**

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