



SAMPLE LESSON PLANS

Grade 5- Safety and Injury Prevention

Unit 1

SOLs:

- 5.1.M Analyze why people choose not to follow safety rules at home, at school, and in the community.
- 5.3.F Examine the role of self and others in causing or preventing injuries.

Title: Be a Role Model for Injury Prevention

Objectives/ Goals: Students will understand the importance of personal responsibility and advocacy for preventing injuries.

Materials:

- * Whiteboard, blackboard, flipcharts, etc. for making notes visible.
- *StreetSmart Think First for Kids* Video

Procedure:

- Play the *StreetSmart Think First for Kids* Video
<https://www.youtube.com/watch?v=1qFUH6jlldA>
- Have the following guided conversation with students:
 - ✓ How was StreetSmart a role model?
 - ✓ What safety rules that were introduced in the video?
 - ✓ What are other home, school or community safety rules?
 - ✓ Remind students of key home, school, or community safety rules.
 - ✓ Why are safety rules are important?
 - ✓ Remind them that in the news everyday there are accounts of people being injured because they didn't follow safety rules or guidance.
 - ✓ Why do some people choose not to follow safety rules?
 - ✓ How does one person's unsafe behavior cause injuries to others?
- * Ask each to describe how they or others would persuade someone to use injury prevention measures or follow school, home and community safety rules.
- * Throughout the conversation, make visible notes of student responses (e.g., whiteboard, blackboard, flipcharts)
- * End with encouragement to students to follow safety rules.

Assessment Ideas:

- Did each student respond with a role for themselves or others in preventing injuries?

References:

- National Head and Spinal Cord Injury Prevention Program
www.thinkfirst.org
- Street Smart-Think First for Kids Video
<https://www.youtube.com/watch?v=1qFUH6jlldA>