



## Grade 5 Sample Lesson Plan: Jolly Rancher and the Senses

### Objectives/Goals

- The student will be able to...
  - identify the functions of their five senses
  - describe how they use their five senses when eating a jolly rancher
  - explain the different parts of their 5 senses they are using to complete the writing

### Materials

- 1 Jolly Rancher per student
- [Jolly Rancher Writing](#)

### Procedure

- Utilize this performance assessment upon completion of lesson taught on the five senses and personal health. This cross-curricular literature activity has students work on grammar and literature components relating to writing about sensory details.
- Ask students if they've ever had a Jolly Rancher or a hard candy that is similar. Ask them why they liked it or didn't like it.
- Give each student a Jolly Rancher but tell them not to eat it just yet.
- Explain they have an assignment based on that Jolly Rancher.
- Before they eat it review the body parts, systems, and five senses that will help the students eat the Jolly Rancher.
  - Skin-touch
  - Mouth/teeth/tongue-taste
  - Eyes-looks like
  - Nose-smell

## Health Smart Virginia Sample Lesson Plan

- Ears-sounds like
- Pass out the Jolly Rancher Writing worksheet and explain the directions.
- Before actually putting the Jolly Rancher in their mouth they need to address the senses of touch, sight, smell, and sound.
- As they are doing this they can write down a few key words about each sense to help them complete the assignment.
- Once they've completed the first four senses they can eat it and explain the last sense of taste.
- You can use any candy or food item. It may help to have 2 choices in case a student does not like Jolly Ranchers or is not able to eat them due to dietary restrictions.
- Complete a similar activity with a food item that a student may not like. They wouldn't have to eat it to be able to complete the assignment.

### References

- Stacy Adams, Shaler Area Elementary School

### Handout

The next page includes a handout for the lesson. The handout is designed for print use only.



