



# SAMPLE LESSON PLANS

## Health Smart Virginia - Sample Lesson Plan Grade 5 – Body Systems

### Unit 2

#### **SOLs:**

**5.3.D** Develop a plan to prevent the spread of disease

#### **Title: Disease Prevention**

#### **Objectives/ Goals:**

- The student will identify ways to prevent the spread of communicable diseases
- The student will create a product to educate others on preventing the spread of communicable diseases

#### **Materials:**

- Performance Task: Prevent the Spread of Disease Performance Task

#### **Procedure:**

Step 1	Review the steps of the performance task before introducing it to your students.
Step 2	Pass out a copy of the performance task to each student and review the expectations. Provide due dates for each step of the performance task.
Step 3	Once their projects are complete, decide if you are going to let each group administer their product.

**Assessments, References & Sources:** Mary McCarley, 2018



**Step 2: Survey Others**

Survey 5 students from another grade level to find out what they know about germs and ways to prevent the spread of germs. Encourage them to state as many answers as they can. You will record their answer on the survey. Do not record their name.

<b>Student</b>	<b>Grade</b>	<b>Where are common place germs are found in school?</b>	<b>What are things that you can do to prevent the spread of diseases?</b>
<b>Student 1</b>			
<b>Student 2</b>			
<b>Student 3</b>			
<b>Student 4</b>			



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### Step 4: Create a Product

As a small group, discuss how you could educate students at your school on germs and prevention strategies and advocate for healthy students. Think about if you are going to target the whole school, a specific grade level, or a class. Choose one of the following product options from the Product Choice Board.

Posters	Flyers	Brochures
School blog or newspaper article	Student Choice	Public Service Announcement Video on the Morning Announcements
Education Website with QR codes around School	Labels or Signs around School	Class Presentation with Presentation Slides

Include the following in your product:

- 5 or more common places or objects that germs are found in school
- 5 or more strategies to prevent the spread of diseases
- Add pictures and color to enhance your product (if applicable)
- Other information on germs

## Step 5: Make a Difference

With teacher permission, use your product to educate other students at your school.  
Make a difference and prevent the spread of diseases!

### Performance Task Rubric

	<b>Great Work 4</b>	<b>Good Job 3</b>	<b>Getting There 2</b>	<b>Not Quite 1</b>
<b>Requirements</b>	All requirements are met and exceeded.	All requirements are met.	One requirement was not met.	More than one requirement was not met.
<b>Content</b>	Information is accurate and in-depth with details. Content knowledge is excellent.	Information is accurate. Content knowledge is good.	Most of the information is accurate but contains some factual errors. Content knowledge is below average.	Information includes several factual errors. Content knowledge is minimal.
<b>Organization</b>	All work is neat and information is easy to understand.	Most work is neat and easy to understand.	Some work is neat and easy to understand.	Work is not neat and difficult to understand.
<b>Grammar</b>	There are no mistakes in grammar, punctuation, or spelling.	There are some mistakes in grammar, punctuation, or spelling.	There are several mistakes in grammar, punctuation, or spelling.	Product has little or no punctuation and/or correct spelling. Content is unclear due to excessive errors.

<b>Effort</b>	Work show exceptional effort, planning, and pride.	Work shows good effort, planning, and pride.	Work shows basic effort, planning, and pride.	Work shows minimal effort, planning, and pride
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**Grading Rubric**

20= 100%

19= 97%

18= 94%

17= 91%

16= 88%

15= 85%

14= 82%

13= 79%

12= 76%

11=74%

10= 71%

9= 69%

8= 66%

7= 64%

6= 62%

5= 60%