



## **Health Smart Virginia - Sample Lesson Plan**

### **Grade 3 - Violence Prevention and Healthy Relationships**

#### **Unit 4**

#### **SOLs:**

- 3.3.L Describe how to report bullying, how to advocate for self appropriately if bullied, and how to support mistreated students.

#### **Title: Bullying Awareness and Prevention Performance Task**

#### **Objectives/ Goals:**

- The student will describe how to report bullying, how to advocate for self appropriately if bullied, and how to support mistreated students.

#### **Materials:**

- Bullying Awareness and Prevention Performance Task (includes rubric)

#### **Procedure:**

Step 1	Review the performance task before introducing it to your students.
Step 2	Pass out a copy of the performance task to each student and review the expectations of the project. Emphasize that students will only choose one product from the Choice Board. Provide a due date for the performance task.
Step 3	Once complete, allow students to share their projects with a classmate, among their table or as a whole class.

**Assessments, References & Sources: Mary McCarley, 2018**

# **Bullying Awareness and Prevention Performance Task**

Bullying is when an individual or a group of people with more power, repeatedly and intentionally cause harm to another person or group of people who feel helpless to respond. Often people who are bullied feel scared, alone, and helpless.

As a leader in your school, you have been chosen to educate others on how to respond to bullying and help others who are bullied. You will have options as to how you want to teach other on this important topic. Choose one of the following ways to teach others.

<b>Poster to hang in the school</b>	<b>Brochure</b>	<b>Script for the morning announcement</b>
<b>Sign or signs to hang around school</b>	<b>Student Choice (get teacher approval)</b>	<b>Class Presentation</b>

Include the following information within your project:

- How to report bullying
- How to respond and get help if bullied
- How to support others who are bullied
- Statement or slogan against bullying
- Picture or image (if it applies to your project)

## Performance Task Rubric

	<b>Great Work 4</b>	<b>Good Job 3</b>	<b>Getting There 2</b>	<b>Not Quite 1</b>
<b>Requirements</b>	All requirements are met and exceeded.	All requirements are met.	One requirement was not met.	More than one requirement was not met.
<b>Content</b>	Information is accurate and in-depth with details.	Information is accurate.	Most of the information is accurate but contains some factual errors.	Information includes several factual errors.
<b>Organization</b>	All work is neat and information is easy to understand.	Most work is neat and easy to understand.	Some work is neat and easy to understand.	Work is not neat and difficult to understand.
<b>Grammar</b>	There are few mistakes in grammar, punctuation, or spelling.	There are some mistakes in grammar, punctuation, or spelling.	There are several mistakes in grammar, punctuation, or spelling.	Product has little or no punctuation and/or correct spelling. Content is unclear due to excessive errors.
<b>Effort</b>	Work shows exceptional effort, planning, and pride.	Work shows good effort, planning, and pride.	Work shows basic effort, planning, and pride.	Work shows minimal effort, planning, and pride

### Grading Rubric

20= 100%  
 19= 97%  
 18= 94%  
 17= 91%  
 16= 88%  
 15= 85%  
 14= 82%  
 13= 79%  
 12= 76%  
 11=74%  
 10= 71%  
 9= 69%  
 8= 66%  
 7= 64%  
 6= 62%  
 5= 60%

