



## Proper Use of Medications

### Learning Objectives

- I can understand why it is important to use prescription and nonprescription safely.
- I can identify when and when not to use certain types of prescription and nonprescription medications.

### Teacher Notes

- Pause the video at the different spots and have students fill in their KWL charts.

### Lesson Steps: Video Outline [3.1h Video](#)

#### *Step 1 Introduction*

- The teacher will give every student a KWL chart handout. The teacher will then start the instructional video. The video instructor will prompt the students to write what they already know about prescription and nonprescription drugs in the first column. Then, they will write what they hope to learn about them from today's lesson. This will allow the teacher to assess what they already know about the content.

#### *Step 2 Activity*

- The video instructor will explain key points about how to safely use prescription and nonprescription medications, then explain the learning activity for the day. The students will see a "this or that" question pop up on the screen. They will need to make a choice of which one they believe to be correct and move in that direction.

#### *Step 3 Closure*

- Once the student finishes the learning activity, they will be prompted to come back to the center for the closing. The video instructor will prompt the students to fill in the final column of their KWL chart explaining what they learned during the lesson today. The teacher will collect the charts at the end of the class.

### Assessments

- Pre-Assessment: The students will use their prior knowledge to fill out the first column of their KWL chart. This is intended to assess what they could have learned at home about prescription/nonprescription medications, as well as previous lessons in school. Then, they will try to think of a few things that they want to know about using medications safely.
- Post-Assessment: The students will finish up by adding in what they learned to the last column of their KWL chart.



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### **Extensions/Connections/Applications**

- Applications: The students will hopefully go home and spark a conversation with their parents about safely using medications. This may encourage their parents to throw away old medications that could just be sitting in a cabinet.

### **Resources/References**

- [https://www.doe.virginia.gov/testing/sol/standards\\_docs/health/index.shtml](https://www.doe.virginia.gov/testing/sol/standards_docs/health/index.shtml)

### **Handout**

- See next page.



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## K-W-L Chart

What Do I Already Know?	What Do I Want to Know?	What Did I Learn?