

Proper Usage of Prescription and Nonprescription Medications

Learning Objectives

- I can tell the difference between prescription and nonprescription medications.
- I can identify when and when not to use certain types of prescription and nonprescription medications.

Teacher Notes

- Please listen and pause the video at various points in order to enhance the learning potential for students. This is designed to spark a conversation!

Lesson Steps: Video Outline- [3.3h Video](#)

Step 1 Introduction

- The students will have a discussion and write down what they know about prescription and nonprescription medications and what they want to learn about prescription and nonprescription medications.

Step 2 Activity

- The students will follow along with their handout and fill in the blanks as they learn about prescription and nonprescription medications.

Step 3 Closure

- The students will play a “This or That” game, followed by filling in the last section of their KWL chart with what they learned today.

Assessments

- Pre-Assessment: Using the KWL chart to record student responses of what they already know or have already been taught about medications as well as what they are hoping to learn from the lesson today.
- Post-Assessment: playing the “This or That” game to reiterate what they learned and then having students record what they learned on the last section in the KWL chart.

Extensions/Connections/Applications

- Modifications: The teacher can modify this lesson by having the students use dry erase boards or hand signals to indicate their choices, rather than moving to another part of the classroom.

Resources/References

- https://www.doe.virginia.gov/testing/sol/standards_docs/health/index.shtml



Handout - See next page.

Prescription VS. Nonprescription Medications Handout

Directions: Please follow along with the video and fill in the blanks as you hear the answers.
Write the answers on the lines.

KWL		
What you know	What you want to learn	What you learned

Prescription drugs can be picked up at a pharmacy _____ you see a doctor.

Nonprescription drugs are also called _____ drugs. You can buy them _____ seeing a doctor first.

All drugs affect your _____ and _____ the way you feel and act.

Medications are _____ if you use them _____, but they can _____ you if you don't use them correctly.