

Stop, Think, Act! All About Safety Drills

Learning Objectives

- I can identify different safety drills that are important for home and school.

Teacher Notes

- The purpose of this lesson is solely to identify the types of drills that students may experience. Please hold off on demonstrating proper behaviors during drills, as that will be addressed in lesson 3.2I.

Lesson Steps: Video Outline [3.1I Video](#)

Step 1 Introduction

- Have you practiced any safety drills at home or at school?
- How did you know which drill you were practicing?

Step 2 Activity

- The teacher will list the identifiers for each of the drills discussed in the video. If she identifies a fire drill, the students will do five push-ups. If the teacher identifies an earthquake drill, the student will do five jumping jacks. When the teacher identifies a tornado drill, the student will complete five squats. When the teacher identifies a lock down drill, the student will complete five lunges.

Step 3 Closure

- The students will complete the exit ticket which asks them to identify each type of drill.

Assessments

- Pre-assessment: The teacher will ask students what they know about safety drills.
- Post-assessment: The students will complete the exit ticket for post-assessment.

Extensions/Connections/Applications

- The students will review the safety drills with their families and create an emergency escape plan, if they don't already have one.

Resources/References

- https://www.doe.virginia.gov/testing/sol/standards_docs/health/index.shtml

Handout

- See next page.

Stop, Think, ACT!

Read the descriptions below. Using the word bank, write down the drill you think it is identifying.

| | | | |
|------------|------------------|---------------|----------------|
| Fire Drill | Earthquake Drill | Tornado Drill | Lockdown Drill |
|------------|------------------|---------------|----------------|

1. When I happen, you need to get outside quickly! Usually, an alarm goes off and lights flash! What am I? _____
2. When I happen, you will hear an alarm sound, and you need to move to the hallway. What am I?

3. When I happen, the ground may start to shake. You may hear an alarm sound, but you also may not. You may hear your principal announce this drill is happening. What am I?

4. When I happen, your principal will come over the loud speaker and announce me. I come in three levels. What am I?
