

Stop, Think, Act! All About Safety Drills

Learning Objectives

- I can demonstrate different safety drills that are important for home and school.

Teacher Notes

- The teacher may want to stop the video after each drill is shown to have a discussion with the students about what they have seen.

Lesson Steps: Video Outline [3.2I Video](#)

Step 1 Introduction

- Have you practiced any safety drills at home or at school?

Step 2 Activity

- The teacher will describe each of the drills discussed in the video. If she describes a fire drill, the students will do five push-ups. If the teacher describes an earthquake drill, the student will do five jumping jacks. When the teacher describes a tornado drill, the student will complete five squats. When the teacher describes a lock down drill, the student will complete five lunges.

Step 3 Closure

- The students will complete the exit ticket which asks them to identify each type of drill.

Assessments

- Pre-assessment: The teacher will ask students what they know about safety drills.
- Post-assessment: The students will complete the exit ticket for post-assessment.

Extensions/Connections/Applications

- The students will review the safety drills with their families and create an emergency escape plan, if they don't already have one.

Resources/References

- https://www.doe.virginia.gov/testing/sol/standards_docs/health/index.shtml

Handout

- See next page.

Stop, Think, ACT!

Read the descriptions below. Using the word bank, write down the drill you think it is describing.

Fire Drill	Earthquake Drill	Tornado Drill	Lockdown Drill
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1. When I happen, you need to get outside quickly! What am I?

2. When I happen, you need to move to the hallway and cover your head. What am I? _____
3. When I happen, you need to stop what you are doing and get under a table to prevent things from falling on your head. What am I? _____
4. When I happen you need to cut off the lights and move away from the door. What am I? _____