

Personal Safety

Learning Objectives

- I can explain the importance of assuming responsibility for personal safety. (2.1h)
- I can identify ways that students can take responsibility for personal safety at home, at school, and in the community. (2.2h)
- I can identify emergency resources, services, and healthcare professionals in the community that influence health, safety, and wellness.(2.3h)

Teacher Notes

- Students will learn different ways to be safe. Whether it is through physical activity, crossing the street, or on the internet.
- Follow along with the video. Pause the video whenever you see fit to check for understanding or to give your own examples or student examples.

Lesson Steps: Video Outline

[Personal Safety Video](#)

Step 1 Introduction

- What can we do to stay safe? (examples: internet, hygiene, clothing, crosswalk, physical activity)
(You can pause at each example to see if students know any other ways to be safe.)
 - Internet - Don't give out personal information and don't talk to people you don't know.
 - Hygiene - Brush your teeth twice a day and wash your hands for at least 30 seconds.
 - Clothing - Don't wear the same clothes the next day, do your laundry, and make sure your shoes are tied.
 - Crosswalk - Make sure to look both ways before crossing the street and make sure to wait for a red light.
 - Physical activity - Make sure you follow the rules and know how to use the equipment.

Step 2 Activity

- We are going to play a game called fitness scenario.
- I am going to say a scenario and give you 2 options. You choose the option that you think is correct. [Fitness Scenario pptx](#)

Step 3 Closure

- Name 2 ways you can be safe in the chat.



Sample Lesson Plan
Virginia 2021 SOL Edition
Created by: Victor Spadaro
Safety and Injury Prevention
GR2-SAF-4
Second Grade - 2.1.h, 2.2.h, 2.3.h

Assessments

- Pre-Assessment is an informal chat on what the kids know about safety.
- Post-Assessment is naming 2 ways to be safe in the chat.

Extensions/Connections/Applications

- Extension can be having the students write out a scenario along with a drawing of how to be safe instead of using the chat for a check for understanding.

Resources/References