



Grade 10 - HP-8
Physical Health
Disease Prevention/
Health Promotion
2020 Virginia SOLs

Grade 10 Sample Lesson Plan: Service Learning

SOLs

Develop a long-term plan for self and/or family to positively impact the environment.

Identify health promotion opportunities, and share talents and expand personal knowledge through community service-learning experiences.

Identify and create a plan to address a community health-related social issue such as organ donation, homelessness, underage drinking, or substance abuse.

Establish goals for improving environmental health.

Objectives/Goals

- To enhance students' learning by enabling them to practice skills and test classroom knowledge through related service experiences in the local community
- To enable students to provide needed assistance to community agencies and to the people served by the agencies

Materials

Interest Survey

Needs Assessment

Reflection Sheet

Service Learning Plan of Action

SMART Goals

Action Plan Timeline

Social Media Plan

Reflection

Service Learning Logs

Weekly Reflection Log

Final Reflection

Rubric

Procedure

Step 1	Take Interest Survey	
Step 2	Investigation (10%): a. Complete the <u>Needs Assessment</u> b. Identify the “community” to serve (world, nation, state, local or school). c. Assess community needs (e.g., based on media reports, interviews, presentations, etc.) d. Select a community need using criteria (e.g. relevance to learning, urgency,	

	<p>importance, student interest and efficacy.</p> <p>e. Engage in <u>reflection</u> activities</p> <p>f. Develop a plan to reflect on learning.</p>	
Step 3	<p>Planning and Preparation (20%):</p> <p>a. Complete your <u>Service Learning Plan of Action</u>.</p> <p>b. Determine the nature of the service to be provided.</p> <p>c. Learn about <u>SMART Goals</u></p> <p>d. Identify goals of project.</p> <p>e. Develop an action plan with <u>timeline</u>.</p> <p>f. Develop a <u>social media plan</u></p> <p>g. Need to find a liaison from a charity of your choice</p> <p>h. Engage in <u>reflection</u>.</p>	
Step 4	<p>Action (40%)</p> <p>a. Complete the project</p> <p>b. Fill out <u>service learning logs</u> and <u>weekly reflection log</u></p>	
Step 5	<p>Reflection (20%)</p>	

	a. Write a <u>Reflection</u> about the service learning project	
Step 6	Demonstration of Results & Celebration (10%) a. Present to selected audience(s).	<u>Rubric</u>

References

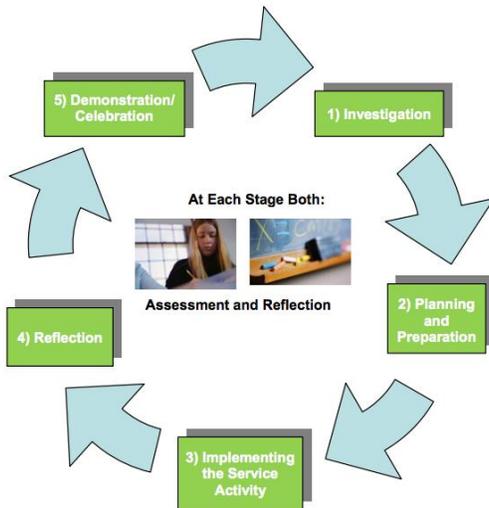
- Melanie Lynch, M.Ed. State College Area High School
- RMC Research Corporation for Learn and Serve America's National Service-Learning Clearinghouse

Rubric for Service Learning Project

Item	10	8	6	4	2
<p>Community Need: This activity meets an actual need in the community and is coordinated through collaboration with the community</p>	Determined by or discovered through extensive research and collaboration with group and community	Determined by or discovered through strong research and collaboration with group and community	Determined by or discovered through basic research and collaboration with group and community	Determined by making a guess as to what the community needs may be. No collaboration with teacher or community.	Community needs secondary to what student wants to do. Project considers only student needs. No collaboration.
Workload	The workload is divided and shared equally by all team members.	The workload is divided and shared fairly by all team members, though workloads may vary from person to person.	The workload was divided, but one person in the group is viewed as not doing his/her fair share of the work.	The workload was divided, but more than one person in the group is viewed as not doing his/her fair share of the work.	The workload was not divided OR several people in the group are viewed as not doing their fair share of the work.
Planning	Routinely uses time well throughout the project to ensure things get done on time. Group does not have to adjust deadlines or work responsibilities	Mostly uses time well throughout the project, but may have procrastinated on one thing. Group does not have to adjust deadlines or work responsibilities	Usually uses time well throughout the project, but may have procrastinated on one thing. Group does not have to adjust deadlines or work responsibilities	Tends to procrastinate, but always gets things done by the deadlines. Group does not have to adjust deadlines or work responsibilities because of this person's	Rarely gets things done by the deadlines AND group has to adjust deadlines or work responsibilities because of this person's inadequate time management.
Meaningful Service Service-learning	Experiences are developmentally appropriate, address personally relevant	.Project addresses a significant need connected to a personally relevant issue and	.Project addresses a real need connected to a personally relevant issue and provides direct	Project includes minimal direct contact with those being served. Outcomes are attainable and visible,	Students provide indirect service with no contact with population being served. Project

<p>actively engages participants in meaningful and personally relevant service activities.</p> <p>Implementation (x4)</p>	<p>issues, and encourage participants to understand their service experiences in the context of the underlying societal issues being addressed. Interesting and engaging service activities lead to attainable and visible outcomes that have significant impact on participants and others in the school, local, and/or global community.</p>	<p>provides direct contact with those being served. Outcomes are attainable and visible, but may not be highly valued by those being served in the school, local, and/or global community.</p>	<p>contact with those being served. Outcomes are attainable and visible, but may not be highly valued by those being served in the school, local, and/or global community.</p>	<p>but do little to contribute toward lasting change. Students do not understand their service experiences in the context of the underlying societal issues being addressed.</p>	<p>does not lead to attainable and visible outcomes. Experience is not appropriate for students' age and developmental level and/or issue is not personally relevant.</p>
<p>Reflection (x2)</p>	<p>Reflections show deep personal understanding of the importance of service and his/her ability to make a difference. Reflection occurs before, during, and after the experience and includes a variety of verbal, written, artistic, and nonverbal activities to demonstrate changes in participants' knowledge, skills, and/or attitudes.</p>	<p>Reflections show proficient personal understanding of the importance of service and his/her ability to make a difference. Reflection occurs before, during, and after the experience and includes some verbal, written, artistic, and nonverbal activities to demonstrate changes in participants' knowledge, skills, and/or attitudes.</p>	<p>Reflections show growing personal understanding of the importance of service and his/her ability to make a difference. Reflection occurs at some point and includes some of verbal, written, artistic, and nonverbal activities to demonstrate changes in participants' knowledge, skills, and/or attitudes.</p>	<p>Reflections show limited personal understanding of the importance of service and his/her ability to make a difference.</p>	<p>Reflections show student largely unaffected by the importance of service and his/her ability to make a difference.</p>
<p>Demonstration & Celebration</p>	<p>Strong awareness of audience in the design. Students can clearly explain why they felt the vocabulary, audio and graphics chosen fit the target audience.</p>	<p>Moderate awareness of audience in the design. Students can explain why they felt the vocabulary, audio and graphics chosen fit the target audience.</p>	<p>Some awareness of audience in the design. Students can partially explain why they felt the vocabulary, audio and graphics chosen fit the target audience.</p>	<p>Some awareness of audience in the design. Students find it difficult to explain how the vocabulary, audio and graphics chosen fit the target audience.</p>	<p>Limited awareness of the needs and interests of the target audience.</p>

Total _____/100



“ ... your own story and the **American** story are not separate, they are shared. And they will both be **enriched** if together we answer a new **call to service** to meet the challenges of our new century. ”

— Barack Obama, speech on July 2, 2008

Take This [Interest Survey](#) First

1. Investigation (10%):

- a. Complete the [Needs Assessment](#)
- b. Identify the “community” to serve (world, nation, state, local or school).
- c. Assess community needs (e.g., based on media reports, interviews, presentations, etc.)
- d. Select a community need using criteria (e.g. relevance to learning, urgency, importance, student interest and efficacy).
- e. Engage in [reflection](#) activities
- f. Develop a plan to reflect on learning.

2. Planning and Preparation (20%):

- a. Complete your [Service Learning Plan of Action](#).

- b. Determine the nature of the service to be provided.
 - c. Learn about [SMART Goals](#)
 - d. Identify goals of project.
 - e. Develop an action plan with [timeline](#).
 - f. Develop a [social media plan](#)
 - g. Need to find a liaison from a charity of your choice
 - h. Engage in [reflection](#).
- 3. Action (40%)**
- a. Complete the project
 - b. Fill out [service learning logs](#) and [weekly reflection log](#)
- 4. Reflection (20%)**
- a. Write a [Reflection](#) about the service learning project
- 5. Demonstration of Results & Celebration (10%)**
- a. Present to selected audience(s).

Rubric

Needs Assessment: Investigation

1. Research each "community" and assess their needs. Set up a brainstorming session with your group. The purpose of the session is to develop a list of community issues or problems that the group feels are important. At this point you are merely discussing important issues and/or problems that exist within the community. To gather ideas, check local and world media or ask individuals within the community.

A. World: _____

B. Nation: _____

C. State: _____

D. Local: _____

E. School: _____

2. Based on the research, rank each communities ***need*** from 1-10 based on "your" interest level. Ask each member to explain why they ranked the issues in this manner.

A. World: 1 2 3 4 5 6 7 8 9 10

B. Nation: 1 2 3 4 5 6 7 8 9 10

C. State: 1 2 3 4 5 6 7 8 9 10

4. Designing a Needs Assessment Survey: Construct a survey regarding the need/issue for your community. [Needs Assessment Link](#)

- The survey will consist of 4 components:
 - Introduce the objective of the survey you are conducting
 - Give a brief introduction on why you are performing this need assessment, and what it is for. In addition, mention what kinds of information you want to know from participants and what will be asked.
 - General Information (Minimum of 5 questions)
 - Ask demographic information and the extent to which the participant is familiar with the context. For example, for a website development project, you would pay attention to user's online experience.
 - Assessment of the current status (Minimum of 3 questions)
 - This is the area you will improve in with your project and the merits could be the aspects you should keep. For example, you can ask users to briefly describe how they perform the task currently, what the advantages and disadvantages on the current methods are.
 - Expectations from users you are surveying (Minimum of 3 questions)
 - This part explores the new functions that users are expecting, but do not exist yet. For example, you are developing a new website for travel, what kinds of services or information users expect from the website and whether these services are attractive to the user.

Interest Survey/ Personal Profile:

Name _____ Age _____

Mailing Address _____

E-mail Address _____

YOUR PERSONALITY put an X next to the remark that best describes you.

	Not Me	Neutral	Me
Energetic _____			
Natural Leader _____			
Problem Solver _____			
Worried and Stressed _____			
Happy and Upbeat _____			
Work Independently _____			
Relaxed and Easygoing _____			
Care for _____			
Others _____			

Circle your personality type that was determined by the [Myers Briggs test](#).

<p>E N T J</p> <p>Natural leaders who are logical, analytical, and good strategic planners.</p> <ol style="list-style-type: none"> 1. Executive 2. Lawyer 3. Market research analyst 4. Management/Business consultant 5. Venture capitalist 	<p>I N T J</p> <p>Creative perfectionists who prefer to do things their own way.</p> <ol style="list-style-type: none"> 1. Investment banker 2. Personal financial adviser 3. Software developer 4. Economist 5. Executive 	<p>E N F J</p> <p>People-lovers who are energetic, articulate, and diplomatic.</p> <ol style="list-style-type: none"> 1. Advertising executive 2. Public relations specialist 3. Corporate coach/Trainer 4. Sales manager 5. Employment specialist/HR professional 	<p>I N F J</p> <p>Thoughtful, creative people driven by firm principles and personal integrity.</p> <ol style="list-style-type: none"> 1. Therapist/Mental health counselor 2. Social worker 3. HR diversity manager 4. Organizational development consultant 5. Customer relations manager
<p>E N T P</p> <p>Enterprising creative people who enjoy new challenges.</p> <ol style="list-style-type: none"> 1. Entrepreneur 2. Real estate developer 3. Advertising creative director 4. Marketing director 5. Politician/Political consultant 	<p>I N T P</p> <p>Independent and creative problem-solvers.</p> <ol style="list-style-type: none"> 1. Computer programmer/Software designer 2. Financial analyst 3. Architect 4. College professor 5. Economist 	<p>E N F P</p> <p>Curious and confident creative types who see possibilities everywhere.</p> <ol style="list-style-type: none"> 1. Journalist 2. Advertising creative director 3. Consultant 4. Restaurateur 5. Event planner 	<p>I N F P</p> <p>Sensitive idealists motivated by their deeper personal values.</p> <ol style="list-style-type: none"> 1. Graphic designer 2. Psychologist/Therapist 3. Writer/Editor 4. Physical therapist 5. HR development trainer

HOW DO YOU SPEND YOUR TIME? Circle three.....

Literacy Entertainment Technology Creating Friends
Theater Food Academics Internet Nature
Sports Art Music

YOUR TALENTS & SKILLS Circle three.....

Communicating Collaborating Constructing Problem Solving
Active & Sports Literacy Technology Leadership
Creativity

Write your three talents and skills below and list three examples of evidence you have for that particular skill.

Skill 1. _____

★ _____

★ _____

★ _____

Skill 2. _____

★ _____

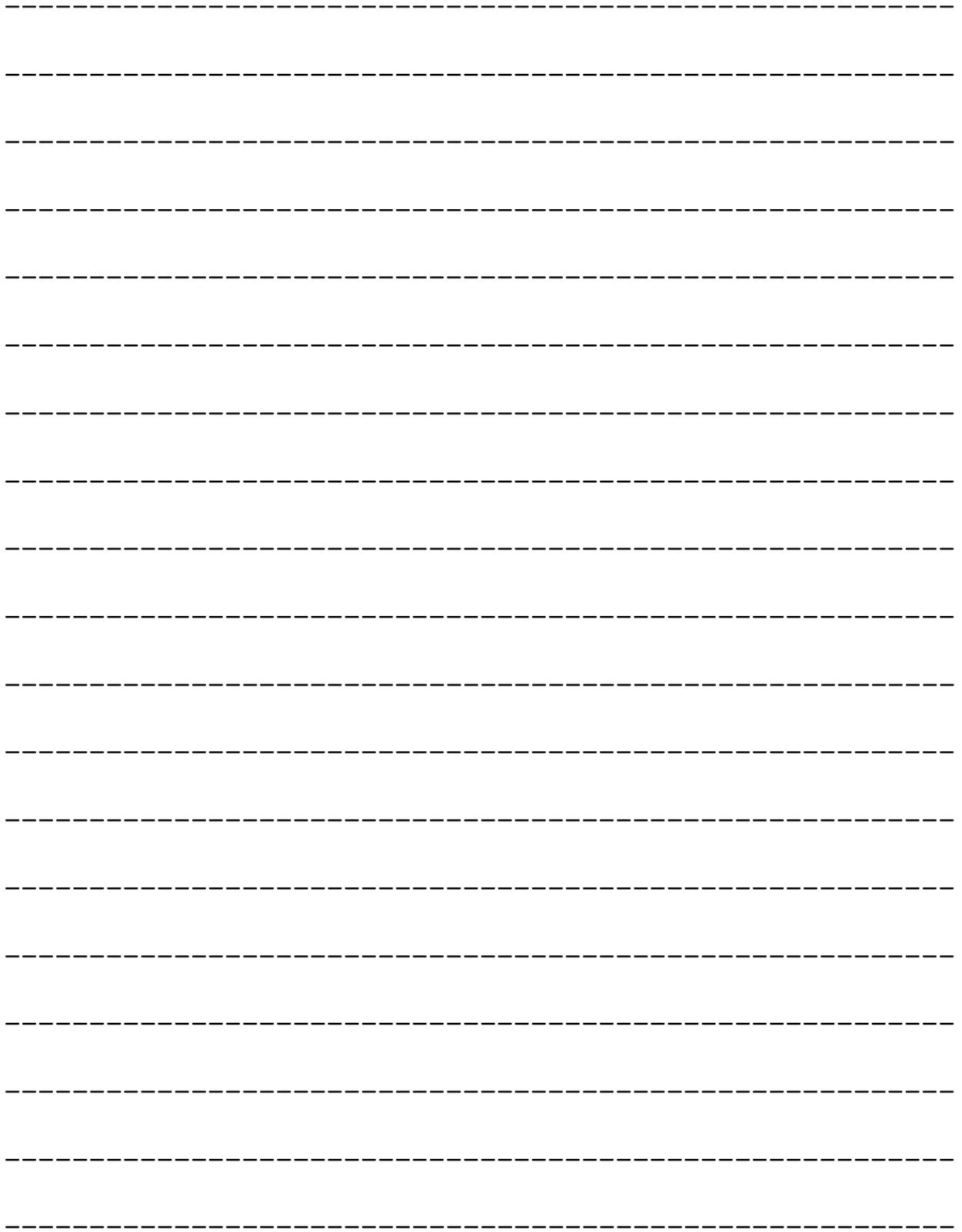
★ _____

★ _____

Skill 3. _____

★ _____

★ _____





Community Needs Assessment Survey Guide



Stanley M. Guy

Community Development Educator

Utah State University Extension

Community Needs Assessment Survey Guide

Contents

Introduction	3
Organizing and Designing the Questionnaire	3
Procedure for Conducting Survey.....	4
Training Sessions (Orientation and Coding)	6
Orientation	6
Coding of Results	7
Plan of Action.....	7
Neighborhood Attitudes	7
Sample Printout Question	8
Successful Programs	9
Sample Survey	11
Sample Press Release No. 1	14
Sample Press Release No. 2	15
Sample Press Release No. 3	16
Community Needs Assessment Survey Checklist	16
Agreement between Utah State University Extension Service and Local Governments	18
Agreement between Utah State University Extension Service and Local Governments	18

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Community Needs Assessment Survey Guide

Introduction

Local elected officials, appointed staff and volunteer leaders are continually involved with the challenge of identifying community needs in order to work together in solving community problems. One effective method for identifying important problems is conducting a community needs assessment survey. These pages describe one method of community surveys that provides rapid feedback to community leaders.

Typically, the City Council will organize a survey committee to define community issues and develop a questionnaire. On a designated evening, citizens distribute and collect the questionnaires and code the results preparatory for computer analysis. During this process, community leaders gain insight about local citizens' attitudes and opinions about community issues. This activity produces a cadre of 60 to 80 interested citizens who not only assist in conducting the survey but are often willing to assist in carrying out activities related to the identified needs.

The process described in the following pages involves citizens and local officials in identifying issues, collecting information, and interpreting the results of the survey.

Organizing and Designing the Questionnaire

While local elected officials remain central throughout the survey process, they need to recognize that volunteer leaders and volunteer groups develop ownership as they become engaged and are eager to assist in strengthening local government.

A working example questionnaire is provided in this guide. This questionnaire is comprehensive. It treats most concerns of the community including planning, human relations and cultural enrichment, economic development, physical environment and community services. The questionnaire may also be developed to address specific concerns of city officials, such as projected needs for additional revenue, willingness of citizens to pay more taxes to improve specific services and/or programs and intergovernmental cooperation. The City Council, assisted by volunteer leaders, adapts the questionnaire to meet the particular needs of their city. They are assisted in this activity by community development specialists from Utah State University Cooperative Extension Service.

The questionnaire is designed for one legal-size sheet, printed on both sides, making it convenient to administer and review. Although a

Community Needs Assessment Survey Guide

questionnaire in this format and an eight or nine page instrument may both contain the same amount of information, citizens are more willing to complete surveys on a single sheet.

Procedure for Conducting Survey

Using the USU Extension Community Needs Assessment method, a community can conduct a survey in one evening. Community leaders should receive the results in less than a month. Considerable planning and organization prior to conducting the survey is important. Experience in many Utah communities shows that elected officials and others will succeed by following these steps:

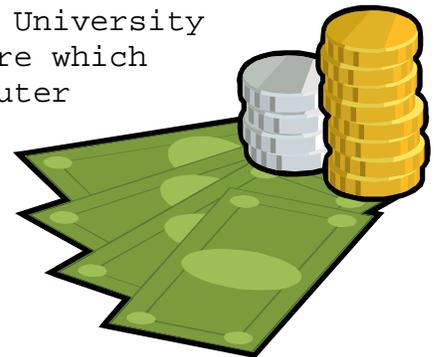
1. Contact the Community Development Specialists at Utah State University and solicit assistance.
2. Appoint a community Survey Chairman to help:
 - a. publicize the survey through radio and newspaper.
 - b. mobilize 60 to 80 people (30 to 40 survey teams) to conduct the survey and code the results; and
 - c. assist the City Council with a town meeting to report the results of the survey.
3. Designate an evening to conduct the survey.
4. Adapt the questionnaire to meet the needs of the *community*.
5. Prepare a letter to be sent from the Mayor/City Council encouraging residents to participate in the survey.
6. Work with the Community Development Specialist in preparing the survey instrument.
7. Divide the city into sections with approximately 15 homes in each section. Since logistically it is difficult to do more than 600 questionnaires in one evening, communities over 2500 population should use a random sample of households.
8. Meet with the Community Development Specialist and survey teams (should include city council members) on the evening designated to conduct the survey. Follow these steps: (allow approximately three hours)



Community Needs Assessment Survey Guide

- a. Community Development Specialist will conduct a 30 minutes
 - b. Each two-member team will take 15 of the questionnaires, and return envelopes; deliver one of each to each designated household in the area; if needed review the mayor's letter with an adult (over 18) household member who comes to the door; leave the questionnaire and request it be filled out immediately; then proceed to the next home. (One hour)
 - c. The survey team will return to homes receiving the questionnaire and collect them in the sealed envelopes. (30 minutes)
 - d. All team members will return to City Hall to help code the results for use by a data input operator. This process is vital because it involves citizens in observing the results. (One hour)
9. The Community Development Specialist will take the coded responses to Utah State University for programming and computation and will produce an easily readable analysis of community attitudes and preferences, including bar and pie charts.
10. Multiple copies of computer reports will be provided to the community so that they may be available to the City Council, Planning Commission or other groups, and can be displayed in the City Hall, library, etc.
11. Hold a publicized town meeting. Report the results of the survey and what these may mean in terms of community improvement actions and to gain a commitment from citizens to serve. Send a of survey highlights.

The cost for this service is low. Utah State University Extension charges \$2.00 per completed questionnaire which covers some of our printing, data entry, and computer charges. Communities engaged in the Community Needs Assessment Survey process follow an agreement that outlines the responsibilities of local government and USU Extension Service.



Community Needs Assessment Survey Guide

Training Sessions (Orientation and Coding)

The training sessions need to be conducted in a room large enough to accommodate 60 to 80 people at 10 to 12 tables. Ample space is needed for each team to work out coding of questionnaires.

Orientation

Orientation for the community survey team will take 20-30 minutes with the following agenda:

1. The Mayor should welcome the team members including an appropriate statement concerning the value of the survey in establishing priorities and developing action programs for the community.
2. The Survey Chairman will then give each team a list of approximately 15 households to be contacted. In large communities a selected random sample, with names and addresses, should be given team members.
3. The Survey Chairman will provide each team with 15 questionnaires, 15 letters from the City Council and 15 envelopes.
4. The Community Development Specialist will emphasize that the time involved in the survey and coding will be approximately three hours, and also the importance of team members returning to the meeting room with the completed questionnaires to help code results.
5. The community Development Specialist will read to the team members the letter from the Mayor/City Council which addresses:
 - a. The importance of the survey to citizens and the City Council in identifying community needs and in setting priorities;
 - b. The necessity of completing the questionnaire immediately, placing it in the envelope and sealing it;
 - c. That the survey will be picked up in 30-40 minutes; and
 - d. The number of households to be surveyed during the evening.
6. Discussion

Community Needs Assessment Survey Guide

Coding of Results

When team members return to the meeting room to code results, the following will occur:

1. The community development specialist will demonstrate to team members how to code the questionnaire for the computer. (Some additional persons (2-3) are needed to help with this part of the process.)
2. When coding the responses to the questionnaire, team members gain "insights" concerning attitudes of community residents, who are stressing their particular concerns. This is particularly rewarding to team members, and helps to gain their cooperation to carry out projects targeted to identified needs.

Plan of Action

Careful analysis of the printout will identify areas of concern and issues that citizens may be willing to support for improvement. Some projects or programs will require financing while others can be achieved by community volunteer action. For the survey to be successful, immediate action should be taken on one or two projects identified in the survey. These may include short term projects such as tree planting, community clean up, or the organization of a community celebration. Survey results may also be used to develop a long range master plan including establishing and enforcing zoning regulations, improving the appearance of the city, initiating industrial development or improving the library.

Leaders should remember that "success begets success." Completion of one project or program will encourage people to work on other programs of a more complex nature.

Neighborhood Attitudes

Community leaders may want to determine the attitude and or views of people in different neighborhoods within the city. This may be accomplished by dividing the city into desired areas and assigning district numbers to questionnaires during the survey process. For example, main and center street may divide the city into four equal parts or the voting districts may be used to divide the city into a larger number of neighborhoods. A computer will provide neighborhood attitudes for each question and a composite answer for all neighborhoods.

The chart on page 9 gives an actual example of a Yes/No question for West Bountiful City. Note that 58.9% of the households in neighborhood #1

Community Needs Assessment Survey Guide

were in favor of more commercial zoning while over 50% of the households in neighborhoods 4, 5, 6, and 7 were opposed to more commercial zoning. Also note that 238 of the total households (54.3%) were in favor of more commercial zoning while 200 households (45.7%) were opposed with 29 households not answering the question. (Ninety-seven percent of the households that were contacted during the evening answered the questionnaire.)

Sample Printout Question

CROSSTABULATION OF A6 FAVOR MORE COMMERCIAL ZONING BY NEIGHBORHOOD
NEIGHBORHOOD

COUNT		ROW									
COL PCT		TOTAL									
A6		1	2	3	4	5	6	7	8	9	
YES	1	33	32	30	24	27	19	23	33	17	238
		58.9	56.1	55.6	46.2	44.3	50.0	44.2	76.7	68.0	54.3
NO	2	23	25	24	28	34	19	29	10	8	200
		41.1	43.9	44.4	53.8	55.7	50.0	55.8	23.3	32.0	45.7
COLUMN		56	57	54	52	61	38	52	43	25	438
		12.8	13.0	12.3	11.9	13.9	8.7	11.9	9.8	5.7	100.0

NUMBER MISSING OBSERVATIONS = 29

The following procedures may be used when providing data on a neighborhood basis:

1. Treat each neighborhood as a separate unit in the random selection of homes. (Extension specialist can help with sample selection.)
2. Obtain a map of the city and divide the map into sections (divided along main and center street or neighborhood lines.)
3. Follow the procedures outlined in the training session with the additions below:
 - a. Assign survey teams to a specific neighborhood. Have the team members write the neighborhood number on top of their questionnaires after they pick them up.

Community Needs Assessment Survey Guide

b. Entries will be made in the computer on a neighborhood basis.

Successful Programs

City councils and community groups have used survey results in many beneficial community projects. They may also be used in decision making during planning meetings. For example, Hyrum City consolidated their police force with Cache County's force after determining that a majority of citizens would support the cooperative effort.

City Councils can use information from the surveys to train new City Council members and in the development of city master plans.

One city doubled their mill levy and increased their water and sewer rates and worked to build or improve six priorities identified through the survey. These included: the construction of a fire station, installation of storm drainage, the improvement of the culinary water system, upgrading criminal justice, resurfacing city roads and installation of curbs, gutters and sidewalks.

In one year, Moroni City accomplished six major programs or projects identified as needs through their questionnaire. These included: construction of a fire station with labor from volunteer firemen, installation of a pressurized irrigation system with volunteer labor, conducting a cleanup day during which time parents and youth hauled truck loads of trash to the city sanitary landfill, installation of eight blocks of sidewalk, installation of a culinary water system and building a new medical center.

Economic development advocates and other groups of people have promoted their programs using the USU Community Needs Assessment process.

One member of the Sugar House Business District committee, reported,

"...the Business Survey was very well received by the members of the Master Plan Update Management Committee.....It was wonderful to hear our State Representative and our City Councilmember say the attitudes of the business district reinforce those of the residential community. We've always been told that the two groups would never agree on anything. But based on the results of these two surveys, we finally may have the means of resolving some old feuds in our neighborhoods."

In addition, the KIDS ORGANIZED to PROTECT our ENVIRONMENT (KOPE) group used results from the Sugar House survey to demonstrate the amount of public support for their Hidden Hollow project. Their Community Development Block Grant application, which had been recommended by the

Community Needs Assessment Survey Guide

Mayor's Advisory Committee to receive \$4,695 for an outdoor classroom, received \$10,695 from the city council as a result of their survey.

Not only do City Councils appreciate the valuable information from community needs assessments, but citizens are pleased to be asked about their opinions on community issues. Citizens participating in the survey often add comments such as the following, excerpted from actual questionnaires:

"Thank you for asking my opinion. I like this questionnaire..."

"I appreciate feeling like I have a voice that someone wants to hear. If this [surveying residents] is continued, you will always have grateful residents..."

"...Thanks for asking our opinions. That's one of the great things that makes RH a great place to live!"

"I appreciate the opportunity to provide input."

During a time of increased feelings of alienation and impersonal government the USU Community Needs Assessment process not only provides a means to gather valuable information, it also provides a way for citizens to become involved in their local government.



Community Needs Assessment Survey Guide

Sample Survey

WHITE CITY AREA COMMUNITY SURVEY
November 2004

This survey is sponsored by the White City Volunteer Community Council and Utah State University Extension. We appreciate your help. To preserve your confidentiality do not put your name on the survey.
Please circle the number that corresponds to your answer.

SERVICES:

1. How would you rate each of the following services in the White City Council area? [EXCELLENT, GOOD, FAIR, POOR, DON'T KNOW]

	EXC	GOOD	FAIR	POOR	KNOW	DON'T
a. law enforcement..	4	3	2	1	8	___
b. fire protection..	4	3	2	1	8	___
c. ambulance service	4	3	2	1	8	___
d. emergency 911....	4	3	2	1	8	___
e. mental health service.....	4	3	2	1	8	___
f. garbage collection.....	4	3	2	1	8	___
g. roads/highways/ streets.....	4	3	2	1	8	___
h. snow removal....	4	3	2	1	8	___
i. parks and recreation.....	4	3	2	1	8	___
j. animal control...	4	3	2	1	8	___
k. sidewalks/ pedestrian safety	4	3	2	1	8	___
l. storm drainage...	4	3	2	1	8	___
m. street lighting..	4	3	2	1	8	___
n. UTA bus service..	4	3	2	1	8	___
o. library service..	4	3	2	1	8	___
p. postal service...	4	3	2	1	8	___

2. The Salt Lake County Sheriff's Department performs a variety of services. How would you rate the effectiveness of the following? [EXCELLENT, GOOD, FAIR, POOR, DON'T KNOW?]

	EXC	GOOD	FAIR	POOR	KNOW	DON'T
a. traffic speed control.....	4	3	2	1	8	___
b. other traffic laws.....	4	3	2	1	8	___
c. parking control..	4	3	2	1	8	___
d. visible residential patrol.....	4	3	2	1	8	___
e. school safety...	4	3	2	1	8	___
f. neighborhood watch.....	4	3	2	1	8	___
g. narcotics enforcement.....	4	3	2	1	8	___
h. gang control....	4	3	2	1	8	___

3. Should the Salt Lake County

Sheriff's Department continue to police the White City Community Council area?..... YES NO KNOW
1 0 8 ___

4. How safe do you feel in your neighborhood during the:

	VERY SAFE	SAFE	UNDECIDED	UNSAFE	VERY UNSAFE	
a. day..	4	3	2	1	0	___
b. night	4	3	2	1	0	___

5. Which, if any, are problems in your neighborhood?
DON'T

	YES	NO	KNOW	
a. Vacant lots.....	1	0	8	___
b. Condition of houses.....	1	0	8	___
c. Cost of housing.....	1	0	8	___
d. Vandalism.....	1	0	8	___
e. Burglaries.....	1	0	8	___
f. Recreational drug use.....	1	0	8	___
g. Gangs.....	1	0	8	___
h. Too much street parking.....	1	0	8	___
i. Other (please list_____)	1	0	8	___

6. Please rank the following methods to finance improvements in the White City Council area from 1 through 4 with 1 being your most preferred method and 4 being your least preferred method of financing. If you use the "other" category rank them 1 through 5.

	RANK
a. User fee.....	___ ___
b. Special Service District Fees.....	___ ___ c.
Property tax.....	___ ___
d. Community fund raisers.....	___ ___
e. Other (List_____)	___ ___

7. Which of the following services, if any, should be consolidated throughout Salt Lake County?
DON'T

	YES	NO	KNOW	
a. Police force.....	1	0	8	___
b. Police records.....	1	0	8	___
c. Fire department.....	1	0	8	___
d. City and County Government..	1	0	8	___
e. Garbage collection.....	1	0	8	___
f. Planning and Zoning.....	1	0	8	___
g. Other (List_____)	1	0	8	___

8. Below is a list of services that generally require taxes for maintenance and construction. Would you be willing to pay more taxes if you knew the money would be spent in the White City Community Council area for that particular purpose? DON'T

	YES	NO	KNOW	
a. To improve fire protection..	1	0	8	___
b. To improve police protection	1	0	8	___
c. To improve ambulance service	1	0	8	___

Community Needs Assessment Survey Guide

- d. To improve streets and roads 1 0 8 ___
- e. To improve street lighting.. 1 0 8 ___
- f. To improve sidewalks..... 1 0 8 ___
- g. To improve curb and gutter.. 1 0 8 ___
- h. To provide additional parks. 1 0 8 ___
- i. To upgrade existing parks... 1 0 8 ___
- j. To provide recreation facilities..... 1 0 8 ___
- k. To expand and improve the storm & ground water drainage system..... 1 0 8 ___
- o. Other (List _____) 1 0 8 ___

LOCAL GOVERNANCE:

9. How would you rate the effectiveness of each of the following in meeting White City's community needs?

	DON'T				
	<u>EXC</u>	<u>GOOD</u>	<u>FAIR</u>	<u>POOR</u>	<u>KNOW</u>
a. Community Council	4	3	2	1	8 ___
b. County Government	4	3	2	1	8 ___
c. State Government	4	3	2	1	8 ___

10. Within the past 12 months, how would you rate your experience in working with the following levels of Government?

	NO CON-				
	<u>EXC</u>	<u>GOOD</u>	<u>FAIR</u>	<u>POOR</u>	<u>TACT</u>
a. Community Council	4	3	2	1	8 ___
b. County Government	4	3	2	1	8 ___
c. State Government	4	3	2	1	8 ___

11. Please rank 1 through 4, with 1 being your most preferred and 4 being your least preferred choice for governing White City. If you use the "other" category, rank them 1 through 5.

	<u>RANK</u>
a. Unincorporated County.....	___ ___
b. Township.....	___ ___
c. Become part of Sandy City.....	___ ___
d. Become part of a consolidated Salt Lake County (Metro County).....	___ ___
e. Other (List _____)	___ ___

12. Did you participate in the annual clean up?

	DON'T		
	<u>YES</u>	<u>NO</u>	<u>KNOW</u>
.....	1	0	8 ___

13. Should the annual spring cleanup be continued?

	DON'T		
	<u>YES</u>	<u>NO</u>	<u>KNOW</u>
.....	1	0	8 ___

14. Do you participate in the recycling program?

	DON'T		
	<u>YES</u>	<u>NO</u>	<u>KNOW</u>
.....	1	0	8 ___

15. How would you rate the enforcement of the following:

	DON'T				
	<u>EXC</u>	<u>GOOD</u>	<u>FAIR</u>	<u>POOR</u>	<u>KNOW</u>
a. zoning regulations	4	3	2	1	8 ___
b. home business permits/regulations..	4	3	2	1	8 ___
c. new building permits.....	4	3	2	1	8 ___

- d. Remodeling permits 4 3 2 1 8 ___
- e. "junk" ordinance.. 4 3 2 1 8 ___
- f. weed ordinance... 4 3 2 1 8 ___
- g. ban on continuous 24 hr street parking..... 4 3 2 1 8 ___

16. From the issues listed below, choose the top three that you feel the Mayor and County Council should address during the next year. Rank these by placing a 1 next to your top priority, a 2 by your next priority, and a 3 by your 3rd priority.

	PRIORITY				
	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>8</u>
a. Completion of Bear Park.....	___	___	___	___	___
b. Install/repair sidewalks.....	___	___	___	___	___
c. Install street lights.....	___	___	___	___	___
d. Pedestrian safety near schools..	___	___	___	___	___
e. Repair streets with drainage problems	___	___	___	___	___
f. Speeding.....	___	___	___	___	___
g. Enforcing regulations.....	___	___	___	___	___
h. Other (Please Specify _____)	___	___	___	___	___

PARKS AND RECREATION:

17. How would you rate each of the following recreation services in the White City Council area?

	DON'T				
	<u>EXC</u>	<u>GOOD</u>	<u>FAIR</u>	<u>POOR</u>	<u>KNOW</u>
a. Availability of local parks.....	4	3	2	1	8 ___
b. Availability of regional parks..	4	3	2	1	8 ___
c. Baseball.....	4	3	2	1	8 ___
d. Track facilities	4	3	2	1	8 ___
e. Tennis.....	4	3	2	1	8 ___
f. Practice gyms...	4	3	2	1	8 ___
g. Equestrian paths	4	3	2	1	8 ___
h. Volleyball.....	4	3	2	1	8 ___
i. Ice skating.....	4	3	2	1	8 ___
j. Picnic areas....	4	3	2	1	8 ___
k. Soccer.....	4	3	2	1	8 ___
l. Football.....	4	3	2	1	8 ___
m. Hockey.....	4	3	2	1	8 ___
n. Other _____	4	3	2	1	8 ___

18. Do you or family members use Bear Park?

	DON'T		
	<u>YES</u>	<u>NO</u>	<u>KNOW</u>
.....	1	0	8 ___

19. How would you rate the following at Bear park?

	DON'T				
	<u>EXC</u>	<u>GOOD</u>	<u>FAIR</u>	<u>POOR</u>	<u>KNOW</u>
a. Parking.....	4	3	2	1	8 ___
b. Pavilion.....	4	3	2	1	8 ___
c. Picnic areas....	4	3	2	1	8 ___
d. Playground equipment.....	4	3	2	1	8 ___
e. Playing fields..	4	3	2	1	8 ___
f. Restrooms.....	4	3	2	1	8 ___
g. Other _____	4	3	2	1	8 ___

Community Needs Assessment Survey Guide

20. Do you have children who participate in the county's organized sports programs?....

	DON'T		KNOW		
	<u>YES</u>	<u>NO</u>	<u>KNOW</u>		
	1	0	8	___	

21. Do you have access to the Internet?.....

	DON'T		KNOW		
	<u>YES</u>	<u>NO</u>	<u>KNOW</u>		
	1	0	8	___	

IF YES, do you access the internet through:

	<u>YES</u>	<u>NO</u>			
a. a computer in your home.....	1	0	___		
b. a computer at your work.....	1	0	___		
c. a computer at the library....	1	0	___		
d. other(_____)	1	0	___		

BACKGROUND:

This information is required for funding from state agencies. As this survey is confidential, please do not put your name on this survey.

22. Are you: [Circle number]

1. MALE 2. FEMALE 3. BOTH ANSWERED SURVEY ___

23. How many years have you lived in this neighborhood? [Circle number]

1. 0-3 YEARS	4. 11-15 YEARS
2. 4-6 YEARS	5. 16-25 YEARS
3. 7-10 YEARS	6. OVER 25 YEARS ___

24. Are you renting or are you buying/own your own home? [Circle number]

1. RENTING 0. BUYING/OWN ___

25. How many family members reside in your home? [Circle number]

1 2 3 4 5 6 7 8 OR MORE ___

26. Which category best represents the age of the head of household? [Circle number]

1. 18-24	4. 45-54
2. 25-34	5. 55-64
3. 35-44	6. 65 OR OLDER ___

27. Which of the following categories best describes your gross total family income during the last year? [Circle number]

1. LESS THAN \$10,000	5. \$35,000 - \$49,999
2. \$10,000 - \$14,999	6. \$50,000 - \$74,999
3. \$15,000 - \$24,999	7. \$75,000 - \$99,999
4. \$25,000 - \$34,999	8. \$100,000 OR MORE ___

28. In what industry is the major wage earner in your home employed?[Circle number]

01. AGRICULTURE
02. MINING
03. CONSTRUCTION
04. MANUFACTURING
05. RETAIL/WHOLESALE
06. TRANSPORTATION, COMMUNICATIONS, AND PUBLIC UTILITIES
07. FINANCE, INSURANCE, REAL ESTATE
08. GOVERNMENT (INCLUDES EDUCATION)

09. SERVICES (INCLUDES RETAIL) _____

10. RETIRED _____

11. HOMEMAKER _____

12. STUDENT _____

29. What was the last year or grade in school you completed? [Circle number]

1. GRADE SCHOOL _____
2. SOME HIGH SCHOOL _____
3. HIGH SCHOOL GRADUATE _____
4. SOME COLLEGE/VOCATIONAL _____
5. VOCATIONAL SCHOOL GRADUATE _____
6. COLLEGE GRADUATE _____
7. SOME GRADUATE SCHOOL _____
8. GRADUATE DEGREE _____

Thank you for completing our survey. If you have additional comments and/or ideas to assist the White City Community Council in serving you better, please feel free to add them here:

Community Needs Assessment Survey Guide

Sample Press Release No. 1

Community Progress Survey

Residents of _____ will soon have an opportunity to tell what they think is right or wrong with the community

through a "Community Attitude Survey" according to an

announcement today by _____ of _____.

(Mayor) (Community)

Mayor _____ said a questionnaire covering nearly every

phase of the community including planning, human relations and

cultural enrichment, economic development, physical environment

and community services will be circulated soon. Community

Development Specialists from Utah State University will assist

with the survey.

"The primary purpose for conducting the survey," Mayor

_____ said, "is to find out where the community is doing a

good job and where it needs to improve. With this information

we can identify problem areas and develop action programs."

"We want to know how _____ measures up as a

(community)

place to live and the only way that we can be sure that we are

getting a complete picture is by asking people who really know -

the people who live here."

"We would appreciate your cooperation when one of our local

citizens comes to your door with the survey."

Community Needs Assessment Survey Guide

Sample Press Release No. 2 Community Progress Survey

Mayor _____ of _____ would like to remind the citizens of _____ of the attitude survey that will be conducted next week with the assistance of Community Development Specialists from Utah State University Extension Service.

"This is a great opportunity for _____. It can
(Community)

provide the foundation for a community development program designed to enhance the quality of life with every citizen, not just the individuals who are willing to take the lead. For this reason it is imperative that the people who take part in the survey cooperate to the fullest. Everyone who has the opportunity to fill out the questionnaire should do so and do so honestly."

The Mayor emphasized that individual responses are confidential,

that only total group responses will be reported. The survey

questionnaire will be distributed and collected next _____
(Date)

between 7:00-9:00 p.m. The survey findings will then be used as a guide for community progress programs.

Community Needs Assessment Survey Guide

Sample Press Release No. 3 Community Progress Survey

After reviewing the results of the Community Attitude Survey, Mayor _____ said he/she believes the future growth of the community can be planned more effectively. "We knew there were some areas that need work," Mayor _____ said, "but we learned several things from the survey which I feel are extremely important. There were a large number of people who expressed dissatisfaction with _____ and believe _____.* At the same time, it was generally agreed our _____ and _____ were excellent."

The attitude survey was conducted by the citizens of _____ (Community) with the assistance of _____ from _____ (Community Development Specialists) _____ in a door-to-door canvas. (State University Extension Service)

Mayor _____ said a detailed presentations of the survey results will be released at a community mass meeting on _____ at _____.
(date and time) (place)

A computer printout will also be displayed in the City Hall, public library and Post office.

"One of the most important things we have learned from the survey," Mayor _____ said, "is the people of _____ (Community) are really interested in their community. This was shown by the splendid cooperation and response we received."

* Fill in some specific findings.

Community Needs Assessment Survey Checklist

Community Needs Assessment Survey Guide

Instructions: Use the times of this sheet to guide you as you progress through the survey process:

Preparation Before the Survey

1. Contact the Community Development Specialist at Utah State University and solicit assistance.
Stan.Guy@usu.edu (435-797-3221)
2. Appoint a community Survey Chairperson:_____
3. Designate an evening to conduct the survey:_____
4. Adapt the questionnaire to meet the needs of the community.
5. Publicize the survey through radio and newspaper.
6. Mobilize 60 to 80 people (30 to 40 teams) to conduct the survey and code the results.
7. Prepare a letter from the Mayor/City Council encouraging the townspeople to participate in the survey.
8. Work with the Community Development Specialist in preparing the survey instrument.
9. Divide the city into sections with 15 homes in each section. Provide a map showing each section.

On the Evening of the Survey

10. Conduct a training session with the Community Development Specialist, the Survey Chairperson, and the citizen volunteers.
11. Teams deliver the questionnaires.
12. Pick up the questionnaires.
13. Code the questionnaires
14. Provide refreshments

Dealing with the Data

15. Coded questionnaires are returned to the University for computation.
16. Results (printouts) are returned to the community within a month.
17. Use the results of the Utah Community Needs Assessment Survey.

Community Needs Assessment Survey Guide

Agreement between Utah State University Extension Service and Local Governments

INTRODUCTION

Successful community needs assessment surveys are built on cooperation at several levels: between citizens and appointed or elected officials, between leaders and the Extension Service Community Development staff, and among citizens in the community. Cooperation depends on goodwill and on understanding. To facilitate understanding and cooperation, and to ensure success of the community needs survey process, the following commitments by each party are identified:

Extension Service Agrees to:

- Provide examples of questions from other surveys, letters, publicity
- Assist in sample selection, question construction, etc.
- Train the survey chairperson in how to organize for a survey
- Print the questionnaire and provide copies for data collection
- Be available to community for consultation during the planning phases
- Provide training in data gathering techniques to volunteers (citizens and officials) the night of the survey
- Provide instruction and supervision for coding by volunteers
- Present results of analysis to city council with interpretation and suggestions for their use
- Provide copies of computer printout for community use
- Be available to respond to further requests

The Local Government Agrees to:

- Appoint a community survey chairperson
- Provide support to the chairperson
- Adapt the "basic questionnaire" to meet the community's needs
- Provide information to be used to select sample
- Select the sample
- Prepare address lists and maps for each team (15 homes/lists)
- Select an evening to conduct the survey
- Publicize the survey to generate interest, support, and community support
- Mobilize adequate teams of volunteers to conduct survey and code results
- Prepare letter from council encouraging residents to participate
- Provide space (school, city hall, etc.) for conducting training session for volunteers the evening of the survey
- Arrange for official to

Community Needs Assessment Survey Guide

participate in the data
collection and coding

- Provide volunteers for coding the questionnaires
- Schedule time during official meetings for survey results to be presented
- Publicize results and recognize those who assisted
- Use survey results to identify community needs, plan programs, and organize future activities



Guided Reflection:

1. How does your service-learning experience relate to the learning objectives of this course?
2. What would you like to change about your community?
3. What community/identity groups are you a member of?
(Student government, youth group, dance classes, sporting teams, etc.)
4. What issue is being addressed and population served by your proposed project?
5. How does your service-learning experience relate to the learning objectives of this course?
6. Discuss a civic experience you have had in the past. Include comments about what type of difference you made to those you served. How did you feel about your service? What if any attitude or beliefs changed for you as a result of your service.
7. Identify three areas where you feel you could use additional guidance and learning in order to be more effective.

Post Project- Service Learning Student Reflection Assignment

1. Describe what you have learned about yourself as a result of your service.
2. What have you learned about your community?
3. What values, opinions, beliefs have changed?
4. What was the most important lesson learned?
5. What impact did you have on the community?
6. What are the best things you discovered about your community?
7. Did you learn a new skill or clarify an interest?

8. What follow-up is needed to address any challenges or difficulties?
9. If you could do the project again, what would you do differently?
10. What specific skills have you used with your community group?
11. Describe a person you've encountered in the community who made a strong impression on you, positive or negative. Explain
12. Talk about any disappointments or successes of your project. What did you learn from it?
13. What would you like to do in the future for your community?

14. Complete this sentence: Because of my service learning, I am....

Specific

Measurable

Achievable

Realistic

Timely

Goal #1 _____

Goal #2 _____

Goal #3 _____

Goal #4 _____

Goal #5 _____



Complete the [Timeline](#) for your Service Learning Project

What is your [Social Media Plan](#)?



Who is your liaison from the community?

Name _____ Position _____

Agency _____ Phone# _____

Answer the [Reflections Questions](#). Please be very thoughtful and thorough when answering these questions.



Setting Goals the SMART Way



Specific - The goal should identify a specific action or event that will take place.

Measurable - The goal and its benefits should be quantifiable.

Achievable - The goal should be attainable given available resources.

Realistic - The goal should require you to stretch some, but allow the likelihood of success.

Timely - The goal should state the time period in which it will be accomplished.

Here are some tips that can help you set effective goals:

1. Develop several goals. A list of five to seven items gives you several things to work on over a period of time.

2. State goals as declarations of intention, not items on a wish list. "I want to apply to three schools" lacks power. "I will apply to three schools," is intentional and powerful.

3. Attach a date to each goal. State what you intend to accomplish and by when. A good list should include some short-term and some long-term goals.

4. Be specific. "To find a job" is too general; "to find and research five job openings before the end of the month" is better. Sometimes a more general goal can become the long-term aim, and you can identify some more specific goals to take you there.

5. Share your goals with someone who cares if you reach them. Sharing your intentions with your parents, your best friend, or your teacher will help ensure success.

6. Write down your goals and put them where you will see them. The more often you read your list, the more results you get.

7. Review and revise your list. Experiment with different ways of stating your goals. Goal setting improves with practice, so play around with it.

What are some possible obstacles to this project?

1. _____

2. _____

What do I need in order to reach this goal?

3. _____

4. _____

5. _____

What are some possible solutions to these obstacles?

1. _____

2. _____

3. _____

4. _____

5. _____

Where am I right now in regards to this goal?

6. _____

6. _____

What obstacles could get in my way of achieving my goal?

What are the solutions to the obstacles that you may face?



Social Media Plan

You are going to map out your social media strategy. Please take screenshots of all posts. You will need those for your final evaluation.

Name of Social Media Director for your Team _____

Date	Message	Social Media Sites	Whom do you want to tag?

Service Learning Reflection Log

What? Answer some of the questions below to log some of your experiences under the "What" category.

- What seems to be the root causes of the issue addressed?
- What other work is currently happening to address the issue?
- What learning occurred for you in this experience?
- How can you apply this learning?
- What would you like to learn more about, related to this project or issue?
- What follow-up is needed to address any challenges or difficulties?
- What information can you share with your peers or the community?
- If you could do the project again, what would you do differently?

So What? Answer some of the questions below to log some of your experiences under the "So What" category.

- Did you learn a new skill or clarify an interest?
- Did you hear, smell, or feel anything that surprised you?
- How is your experience different from what you expected?
- What impacts the way you view the situation/experience? (What lens are you viewing from?)
- What did you like/dislike about the experience?
- What did you learn about the people/community?
- What did you like/dislike about the experience?
- What did you learn about the people/community?
- What are some of the pressing needs/issues in the community?
- How does this project address those needs?

Now What? Answer some of the questions below to log some of your experiences under the "Now What" category.

- What seem to be the root causes of the issue addressed?
- What other work is currently happening to address the issue?
- What learning occurred for you in this experience?
- How can you apply this learning?
- What would you like to learn more about, related to this project or issue?

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