



**Grade 9 & 10 Health Promotion**

**Unit 8**

**SOLs:**

**9.3.o** Develop a long-term plan for self and/or family to positively impact the environment.

**10.3.m** Identify health promotion opportunities, and share talents and expand personal knowledge through community service-learning experiences.

**10.3.n** Identify and create a plan to address a community health-related social issue such as organ donation, homelessness, underage drinking, or substance abuse.

**10.3.y** Establish goals for improving environmental health.

**Title: Service Learning**

**Objectives/ Goals:**

- To enhance students' learning by enabling them to practice skills and test classroom knowledge through related service experiences in the local community
- To enable students to provide needed assistance to community agencies and to the people served by the agencies

**Materials:**

Interest Survey

Needs Assessment

Reflection Sheet

Service Learning Plan of Action

SMART Goals

Action Plan Timeline

Social Media Plan

Reflection

Service Learning Logs

Weekly Reflection Log

Final Reflection

Rubric

**Procedure:**

<b>Step 1</b>	Take <u>Interest Survey</u>	
<b>Step 2</b>	Investigation (10%):  a. Complete the <u>Needs Assessment</u>  b. Identify the “community” to serve (world, nation, state, local or school).  c. Assess community needs (e.g., based on media reports, interviews, presentations, etc.)  d. Select a community need using criteria (e.g. relevance to learning, urgency,	

	<p>importance, student interest and efficacy.</p> <p>e. Engage in <u>reflection</u> activities</p> <p>f. Develop a plan to reflect on learning.</p>	
<b>Step 3</b>	<p><b>Planning and Preparation (20%):</b></p> <p>a. Complete your <u>Service Learning Plan of Action</u>.</p> <p>b. Determine the nature of the service to be provided.</p> <p>c. Learn about <u>SMART Goals</u></p> <p>d. Identify goals of project.</p> <p>e. Develop an action plan with <u>timeline</u>.</p> <p>f. Develop a <u>social media plan</u></p> <p>g. Need to find a liaison from a charity of your choice</p> <p>h. Engage in <u>reflection</u>.</p>	
<b>Step 4</b>	<p><b>Action (40%)</b></p> <p>a. Complete the project</p> <p>b. Fill out <u>service learning logs</u> and <u>weekly reflection log</u></p>	
<b>Step 5</b>	<p><b>Reflection (20%)</b></p>	

	a. Write a <u>Reflection</u> about the service learning project	
<b>Step 6</b>	<b>Demonstration of Results &amp; Celebration (10%)</b>  a. Present to selected audience(s).	<b><u>Rubric</u></b>

**References:**

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*RMC Research Corporation for Learn and Serve America's National Service-Learning Clearinghouse*