



SAMPLE LESSON PLANS

Grade 1 - Safety and Injury Prevention

Unit 1

SOLs:

- 1.1.E Describe behaviors that promote personal safety, to include bus and automobile safety, pedestrian safety, playground safety, fire safety, water safety, Internet safety, and safety when biking and using other recreational equipment.
- 1.2.J Compare and contrast personal safety behaviors at home, at school, and in the community
- 1.3.J Identify individuals or community agencies that keep people safe.
- 1.2.K Describe how to report a dangerous situation.

Title: Home and Community Safety Fair

Objectives/ Goals: To expose students and families to community safety resources.

Materials:

- School facilities and invited community safety representatives

Procedure:

- Invite local fire/emt/police, nurses, highway safety office, Safe Kids Coalitions, Red Cross and other community safety professionals to set up a school safety fair that includes various stations of activity (e.g., interactive road safety activities, bicycle skills and helmet clinics, a fire house, water safety demos, and internet safety activities.)
- At each area of activity, have students collect stamps to denote participation.

Assessment Ideas:

- Are students able to name three community agencies that keep people safe?
- Are students able to call 9-1-1?
- Were students able to obtain stamps for each station?

References:

- Virginia Safe Kids Coalitions <https://www.safekids.org/coalition/safe-kids-virginia>