

Recycle

Learning Objectives

- I can learn about recycling.
 - I can practice overhand and underhand throwing.
- 1.1 The student will identify the basic components and functions of human body systems and the importance of safe practices, positive interpersonal relationships, and environmental health.
- Community/Environmental Health
- q) Identify items and materials that can be reduced, recycled, repurposed, or reused.

Teacher Notes

- Underhand throwing cues: Step, swing, throw
- Overhand throwing cues: Step, point, throw
- Equipment: Gym mats, cones, and several balls (gator, foam, yarn)
- Visual: Picture of recyclable materials

Lesson Steps

Step 1 (Engage learners/access prior knowledge)

- Q and A (1 minute) Can anyone tell us what recycling is? What are items that can be recycled?

Step 2 (New information – direct instruction/teacher-facilitated learning)

- Recycling helps keep the earth clean and green by reusing old materials instead of throwing them in the trash. We can recycle things that are made of plastic, paper, aluminum, glass, and metal. When we place recyclable items in a green or blue bin, they go to a recycling plant instead of the dump. The recycling plant breaks items down and turns them in to “new” or reused things.

Step 3 (Application – how student will apply/practice new learning)

- Recycle
 - Divide the playing area in half with cones. Stand up mats in the shape of a circle to be the recycling bin. Each side of the playing area needs 1 recycling bin. Spread out gator/foam balls or yarns balls around the entire playing area. The ball represents things you can recycle such as plastic bottles, cans, paper, etc. Divide the class into 2 teams. On the “go” signal, students try to recycle as many items as they can by throwing the items into the recycling bins. Students must stay on their side of the cones when throwing and can only throw into the recycling bin on the other side of the playing area. Play for a few minutes or until all the balls are gone. When the game is over, count all the balls in the recycling bins and see which team did a better job of recycling. Remind the students that it is their job to recycle not to block the balls. Players cannot block the recycling bins.

Assessments

- Quick questions (show a thumbs up for “yes” or thumbs down for “no”)
- Recycling helps keep the planet clean.



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- Plastic, paper, and cardboard are all things that can be recycled.
- To recycle means to reuse old materials.

Extensions/Connections

- Have students identify pictures of healthy recyclable and non-recyclable materials.
- Have students set up a recycling program at your school.

Resources/References

- Adapted from Joe Weakley, Leslie Fox Keyser Elementary School