



SAMPLE LESSON PLANS

Grade 6– Safety and Injury Prevention

Unit 2

SOLs:

6.3.H Determine strategies to protect against the harmful effects of the sun.

Title: Sun Safety

Objectives/ Goals: Students will advocate for strategies to protect against the harmful effects of the sun.

Materials:

- Sunwise Toolkit
- Paper and writing supplies
- computer, PowerPoint and projection equipment
- Miscellaneous supplies to enhance creativity of PSAs

Procedure:

- Review information from the SunWise Grade 6-8 Curriculum
- Break students into teams to develop and perform PSA following *A Sunny Performance* lesson plan,

Assessment Ideas:

- Student participation in development of PSA.
- Can students name 3 sun protection measures?

References:

- SunWise Tool Kit <https://www.neefusa.org/sunwise>
- SunWise Activities for Grades 6-8:
<https://www.epa.gov/sites/production/files/documents/grades6-8.pdf>

A Sunny Performance

Directions

Use creativity, imagination, and artistic abilities to write a song, commercial, public service announcement (PSA), skit, or one-act play about being sun safe.

Decide which medium you want to use. Brainstorm ideas for your project and determine the kind of message you want to relay. Ideas may include the following: the health effects of overexposure to the sun; sun protection methods — like avoiding burning, avoiding tanning, using sunscreen with SPF 30+, wearing protective clothing, and seeking shade; the UV Index; places where you need to be extra careful; the ozone layer; and the seasons. Visit the SunWise website, www.epa.gov/sunwise, and discover what you can do to protect yourself from the sun's harmful UV rays. After you complete your project, present or perform your finished product for your class. You may even be able to make a recording or a video!

Vocabulary Word

Public Service Announcement (PSA)—A brief announcement distributed by television, radio, or print media that relays an educational and/or social message to the general public.

SPF — Sun Protection Factor; a number indicating how protective a sunscreen is against UVB rays. An SPF 30+ sunscreen blocks about 97 percent of UVB rays or more.



<https://www.epa.gov/sites/production/files/documents/grades6-8.pdf>