

ROOTS AND WINGS
THIRD GRADE
LESSON FOUR

(Rev. 9/03)

I. Review

The last time I was here we were working on our “Dictionary of Feelings”. Who can tell me what feelings we worked on without taking your booklets out? (Anger, Happiness, Loneliness and possibly Pride.)

II. Overview

Today we are going to continue to look at different feelings we have and think about situations that make us feel that way. We will finish our “Dictionary of Feelings” booklets.

III. Purpose

A. The story, Ira Sleeps Over

1. Tell students that you are going to read them a story and that you want them to figure out what feelings the character is having.
2. Read the story, Ira Sleeps Over.
3. Ask students what feelings the character Ira had in the story (Scared, frightened)
4. Ask students if they have ever been in a similar situation, and how did they feel?

B. “Dictionary of Feelings” booklets

1. Hand out the students’ “Dictionary of Feelings” booklets, (or ask students to take them out of their desks). Bring a couple of extras for students absent the prior lesson or for students who have lost theirs.
2. If you haven’t done *Proud*, start with that page, or else do *Sad*.
3. Ask students to draw a picture of his or herself having that feeling.
4. Ask students to then finish the sentence “A time I felt this way was...”.
5. Ask students to draw some pictures of other people feeling this way.
6. Repeat steps 3-5 for *Scared*, and *Silly*.

IV. Evaluation

Ask students if they would like to share any of their pages with the class. Do some reflective listening (i.e. “I see that you were very proud of that”, “You must have been very sad”, “I bet you were really scared!”, and “I see how silly you must have felt”, etc.)

V. Summary

Thank the students for thinking about their feelings and putting them down in the booklet. Tell students that they can take the books home and show it to their parents (or you can collect them and ask the teacher to set them out during OPEN HOUSE in the Spring).

MATERIALS NEEDED:

1. **Book, Ira Sleeps Over, by Bernard Waber**
2. **“Dictionary of Feelings” booklets if you collected them at the end of the prior lesson.**
3. **Extra “Dictionary of Feelings” booklets**

Lesson Purpose: Students will acknowledge the different emotions they feel.

Objectives:

1. **Students will identify the types of situations that make them feel different emotions.**