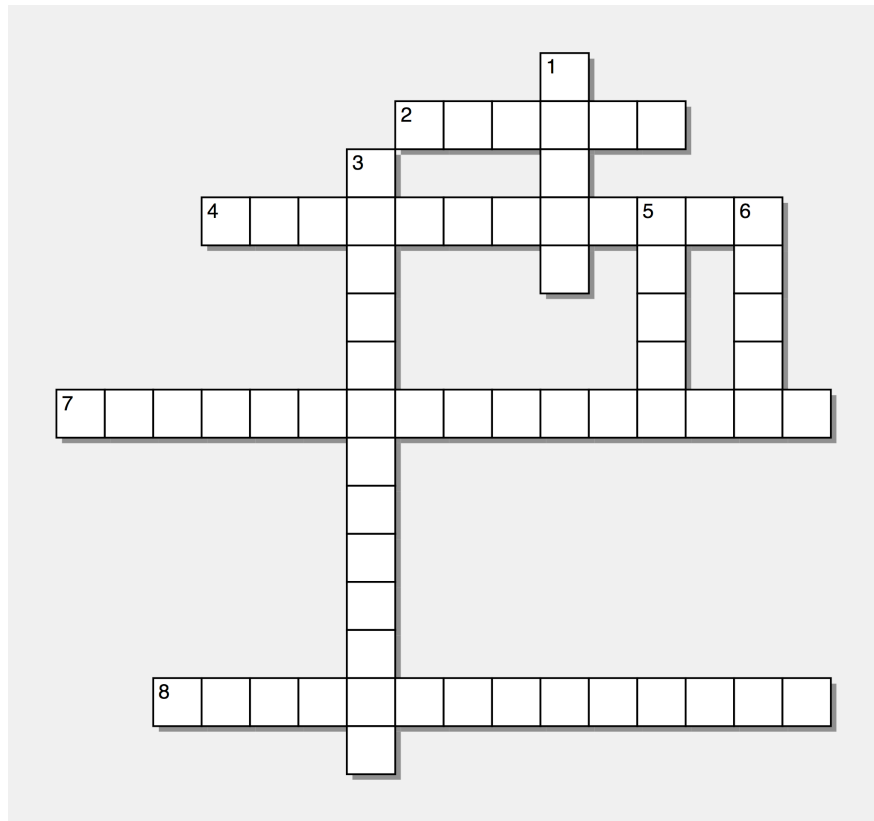


PHYSICAL EDUCATION CROSSWORD PUZZLE

Name: \_\_\_\_\_

Complete the puzzle. Talk to a family member or friend about what each word means to you.

**Anatomical Basis of Movement**



**Across**

- 2) In movement concepts, this refers to how the body moves and applies the concepts of time (fast, slow), force (strong, light), and flow (bound, free) to specific movement situations. [EFFORT]
- 4) The way that two or more concepts, objects, or people are connected. [RELATIONSHIP]
- 7) The elements important in the study of human movement: body awareness, space, and qualities of movement (force, balance, time, and flow). [MOVEMENTCONCEPTS]
- 8) The framework of the body, consisting of bones and cartilage, which protects and supports the body's internal organs. [SKELETALSYSTEM]

**Down**

- 1) A structure in the body where two bones fit together. [JOINT]
- 3) A joint in which a rounded end of a bone fits into the cavity of another bone. [BALLANDSOCKET]
- 5) A common joint, like the knee or elbow, formed between bones that can only move in one direction. [HINGE]
- 6) A joint in which movement is restricted to rotation. [PIVOT]