

ACADEMIC WORD SEARCH

Name: _____

Find and circle the words. Talk to a family member or friend about what each word means to you.

Fitness Planning

P	K	W	S	L	K	F	O	K	J	I	N	S	M	X	C	T	R	E	N
R	M	G	C	Q	J	L	I	C	H	S	N	A	Y	B	P	I	M	S	U
E	X	X	D	T	H	F	N	T	T	Q	R	T	C	P	I	M	P	X	S
P	C	I	R	F	M	G	R	S	T	B	U	O	E	D	R	E	S	E	Y
O	U	N	W	T	Q	E	X	G	L	P	G	A	U	N	C	S	L	S	A
K	V	U	U	J	E	O	B	B	O	R	R	N	H	E	S	G	O	B	U
U	G	P	E	G	K	S	D	L	W	W	H	I	S	Y	Q	I	H	Y	B
B	I	Y	L	Q	V	M	F	Q	Q	L	X	R	N	Z	U	G	T	Y	G
H	M	E	H	K	H	U	R	I	E	Z	W	T	I	C	R	F	K	Y	L
S	S	Z	B	U	A	K	N	T	X	P	Q	I	R	L	I	C	H	A	X
S	C	P	N	N	N	P	N	N	G	A	E	C	U	L	I	P	A	K	L
F	R	E	Q	U	E	N	C	Y	I	M	W	D	V	J	S	C	L	L	A
I	L	E	V	I	F	W	D	I	R	J	W	Q	K	R	P	Q	K	E	G
I	E	A	C	Y	V	L	F	D	Q	V	I	T	D	P	E	K	O	R	T
O	V	I	B	O	D	Y	M	A	S	S	I	N	D	E	X	D	L	F	Y
A	U	T	N	L	K	B	S	K	N	O	B	S	B	P	Z	S	D	C	P
K	Y	S	C	T	G	A	M	Y	H	V	V	S	C	N	F	F	N	V	E
H	C	H	N	L	K	W	C	T	H	V	I	I	Q	P	R	C	Z	L	Q
D	P	T	E	L	S	J	J	R	Z	P	M	Y	X	P	Y	A	H	L	L
B	A	S	E	L	I	N	E	D	A	T	A	B	T	C	A	M	G	L	F

FREQUENCY
BASELINE DATA
INTENSITY
FITT PRINCIPLE

TIME
BODY MASS INDEX
TYPE