

ACADEMIC WORD SEARCH

Name: _____

Find and circle the words. Talk to a family member or friend about what each word means to you.

Energy Balance

W	Z	G	T	E	I	L	R	S	G	T	W	R	O	V	L	F	T	K	P
O	B	L	C	D	U	D	U	I	O	X	I	R	X	S	X	M	M	R	G
M	A	R	I	R	E	X	O	X	X	I	Z	X	W	R	U	R	S	D	C
E	N	E	R	G	Y	B	A	L	A	N	C	E	R	L	Y	S	M	B	A
K	E	B	Q	Y	G	I	R	C	A	S	Y	E	W	Y	P	I	S	X	L
P	C	O	L	M	Q	J	L	J	C	W	M	H	W	K	L	H	F	X	O
M	M	X	O	K	P	S	O	L	O	R	O	R	H	Y	D	O	C	F	R
P	B	T	X	P	H	N	I	B	V	P	D	I	B	Q	T	Z	A	D	I
B	G	G	N	O	R	R	V	S	V	D	E	J	D	Y	J	A	R	K	E
V	J	T	E	G	E	R	E	Z	S	U	R	T	I	S	U	Q	B	W	S
I	J	K	N	E	J	P	A	O	L	N	A	W	B	M	O	F	O	V	O
Q	K	Y	X	Z	J	D	Z	N	V	L	T	M	Y	H	Z	X	H	C	D
K	R	Z	U	Y	K	G	L	A	V	Y	E	O	D	N	E	N	Y	C	S
M	L	F	C	N	G	F	O	Q	E	M	W	T	C	D	R	U	D	X	H
E	N	H	F	C	T	H	Y	Z	P	N	U	T	O	G	J	U	R	B	R
J	S	W	F	Y	F	D	K	R	F	J	G	N	H	H	C	Y	A	I	D
I	E	X	C	E	S	S	I	V	E	K	D	M	G	R	S	N	T	H	G
G	E	U	Z	D	R	J	O	B	M	U	Z	P	J	D	H	G	E	B	Q
B	R	H	Y	D	R	A	T	I	O	N	N	I	W	G	S	X	S	D	Z
A	P	A	H	Z	E	Z	V	P	N	R	G	V	O	Z	D	N	O	T	V

ENERGY BALANCE
HYDRATION
EXCESSIVE

CARBOHYDRATES
MODERATE
CALORIES