

American Red Cross



Free! Health and safety training for
students from the American Red Cross

Continuing our commitment to
America's schools and youth





Schools can choose from three first aid/ CPR courses and select the one that best fits their needs.

CPR for Students

Skills taught: Hands-only CPR

Length: 30 minutes

Students receive a CPR course completion card

First Aid for Students

Skills taught:

- Before Giving Care and Checking an Injured or Ill Person
- Soft Tissue Injuries
- Injuries to Muscles, Bones and Joints

Length: 2 hours

Students receive a First Aid course completion card

First Aid and CPR for Students

This is a combination program that teaches all the skills described in the first two options.

Length: 2 hours, 30 min

Students receive a First Aid and CPR course completion card



How it works: A school can work with the Red Cross to train one or more adults at the school as “instructors” who will then deliver these programs to students, under an “authorized provider” agreement between the school and the Red Cross. The school will adopt Red Cross training for health & safety training needs. Note that the free school offer waives student learner fees, but does not apply for any adult or instructor-training fees.

The American Red Cross also offers these additional programs to schools:

Free for students!

Digitally available programs for students

- Scrubby Bear—personal hygiene program (K–6)
- First Aid for Youth presentation (K–8)
- Masters of Disaster (K–8)
- Longfellow’s WHALE Tales digital swim program (K–6)



Ready Rating, a preparedness program for schools

A free, self-paced membership program designed to help schools become better prepared for emergencies available at readyrating.org. Members use a proprietary online-assessment tool to measure their preparedness level and receive a customized score card with tips and guidance to improve. Members also receive a Ready Rating seal to proudly display their commitment to preparedness to their students and community.



Learn-to-Swim program, where facilities permit

A six-level Learn-to-Swim program designed for children ages 6 years and up. Students progress through the levels at their own pace, mastering the skills in one level before advancing to the next. Each level of Learn-to-Swim includes training in basic water safety and helping others in an emergency, in addition to stroke development. Courses typically meet for 8–10 sessions of 30–45 minutes each.



How it works: Our digitally available programs may be taught by a non-certified adult within the school. Ready Rating membership involves an on-line agreement between the school and Red Cross. To teach the Learn-to-Swim program, certified Red Cross Water Safety instructor(s) and a current authorized provider agreement are required. An adequate number of Red Cross-trained lifeguards should be on duty and conducting patron surveillance during all in-water sessions. Learn-to-Swim facility fees are waived. Completion cards for students in the Learn-to-Swim program are included in the Authorized Provider Promotional Package. To start the process to offer the Learn-to-Swim program, register at redcross.org/LTSEnroll.

The American Red Cross asks for your support, as we work together to make our communities stronger.

Host a Blood Drive

Every two seconds, someone needs blood. The Red Cross delivers 9 million blood products for patients in need each year. We rely on the generous support of donors and blood-drive sponsors to do so. Hosting a blood drive is easy—we will provide you with the tools and resources needed to make it a success. Blood drives may not be available in all areas—please check with a Red Cross representative.



Create a Red Cross Club

Red Cross Clubs provide extraordinary value to the students, the school and their community. Club members partner with the Red Cross to engage in mission-oriented activities to prepare students, families and communities for disasters and emergency situations. Students have an opportunity to lead, get involved in community service and make a difference in the lives of others as well as their own. Local Red Cross chapters support the clubs and their activities.



Fundraise for the American Red Cross

Fundraisers are a fun and engaging activity for students. By raising money for the local community, students not only make a huge difference in someone's life, they also develop their leadership skills and receive special rewards. Local Red Cross chapters work with schools and young fundraisers to help them succeed.



JOIN US!

For more information on our programs,
contact [name and phone number or email].



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